

CitraNatal ASSURE[®]

Rx Prenatal Supplement Tablet
and 300 mg DHA Soft Gel

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WHEN YOU WANT COMPLETE CARE

Quality ingredients, true comfort:

35 mg Ferri-Ease[®] dual-iron
300 mg life'sDHA[®]
124 mg Calcium [Calcium Citrate]
Stool softener

Please see side of carton for other important ingredients.

SIX 5-DAY BLISTER PACKS
in Child-Resistant Packaging

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DESCRIPTION: CitraNatal Assure[®] is a prescription prenatal/biprenatal multi-vitamin/mineral tablet with Ferri-Ease[®], a patented dual-iron delivery comprising both a quick release and slow release iron, and a soft gel of DHA, an essential fatty acid. The prenatal vitamin is a white, coated, oval multi-vitamin/mineral tablet. The tablet is debossed "0891" on one side and is blank on the other. The essential fatty acid DHA soft gel is caramel colored and contains a light yellow to orange semi-solid mixture.

Each prenatal tablet contains:

Vitamin C (Ascorbic acid)	120 mg
Calcium [Calcium citrate]	124 mg
Iron [Carbonyl iron, ferrous gluconate]	35 mg
Vitamin D ₃ [Cholecalciferol]	400 IU
Vitamin E [dl-alpha-tocopheryl acetate]	30 IU
Thiamin [Vitamin B ₁]	3 mg
Riboflavin [Vitamin B ₂]	3.4 mg
Niacinamide [Vitamin B ₃]	20 mg
Vitamin B ₆ [Pyridoxine HCl]	25 mg
Folic Acid	1 mg
Iodine [Potassium iodide]	150 mcg
Zinc [Zinc oxide]	25 mg
Copper [Cupric oxide]	2 mg
Decasate Sodium	50 mg

Each DHA gelatin soft gel contains:

Docosahexaenoic Acid (DHA, 40% from 750 mg Algal Oil)	300 mg
Eicosapentaenoic Acid (EPA)	Not more than 0.750 mg
Other ingredients in DHA gelatin soft gel:	Gelatin, sunflower oil, glycerin, caramel color, sunflower lecithin, rosemary extract, sucrose, sorbitol, polysorbate.

INDICATIONS: CitraNatal Assure[®] is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential anti-thrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids

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should be avoided in patients on anti-coagulants and in those known to have an inherited or acquired bleeding diathesis.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 3.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: One tablet and one soft gel daily or as directed by a physician.

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 10°C and 30°C (between 50°F and 86°F). Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean storage temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 soft gels each - NDC 0178-0891-30.

To report a serious adverse event or obtain product information, call 800-531-3333.

Please consult your health care provider with any dietary concerns.

citr natal.com



To learn more about Ferri-Ease, call 800-531-3333.



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CitraNatal Assure is manufactured by

MISSION PHARMACEUTICAL COMPANY

San Antonio, TX USA 78219-1991

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