



K Complete

K1 & K2 as MK-4 & MK-7

DIETARY SUPPLEMENT

✓ Cardiovascular Function* ✓ Bone Support* ✓ Blood Health*

90 Soft Gels

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin K ₁ (as phylloquinone)	500 mcg	417%
Vitamin K ₂ [as MK-4 (menatetrenone)]	1.5 mg	†
Vitamin K ₂ [as MK-7 (menaquinone-7)]	45 mcg	†
† Daily Value not established.		

Other Ingredients: Medium chain triglyceride oil, olive oil, soft gel shell (beef gelatin, glycerin, water, carob).

Directions: Adults: take one soft gel daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004 USA
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K Complete provides the dynamic trio of vitamin K₁, K₂ as MK-4, and K₂ as MK-7 to support cardiovascular system, bone, and blood health.* The MK-7 in this formula is derived from chickpeas.

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED



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