



K Complete

K1 & K2 as MK-4 & MK-7

DIETARY SUPPLEMENT

✓ Cardiovascular Function* ✓ Bone Support* ✓ Blood Health*

45 Soft Gels | 45 Servings

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin K ₁ (as phylloquinone)	500 mcg	417%
Vitamin K ₂ [as MK-4 (menatetrenone)]	1.5 mg	†
Vitamin K ₂ [as MK-7 (menaquinone-7)]	45 mcg	†

† Daily Value not established.

Other Ingredients: Medium chain triglyceride oil, olive oil, soft gel shell (beef gelatin, glycerin, water, carob).

Directions: Adults: take one soft gel daily **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004 USA
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K Complete provides the dynamic trio of vitamin K₁, K₂ as MK-4, and K₂ as MK-7. The MK-7 in this formula is derived from chickpeas.

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

MenaQ7
Vitamin K₂ as MK-7

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✓ **Gluten-free** ✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED



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