



Gamma E•Gems®

Gamma Tocopherol
465 mg

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

60 Soft Gels | 60 Servings

Carlson

Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

	Amount Per Serving	% DV
Vitamin E (as d-alpha tocopherol)	100 mg	667%
Gamma Tocopherol	465 mg	†
Delta & Beta Tocopherols	185 mg	†

† Daily Value (DV) not established.

Other Ingredients: Sunflower oil, soft gel shell (beef gelatin, glycerin, water), soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

✓ **Gluten-free**

✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Gamma E-Gems® provide gamma tocopherol, one of four vitamin E tocopherols. It is recognized as a powerful antioxidant that supports our body's natural defense system and protects us from nitrogen oxide.*

POTENCY & QUALITY GUARANTEED

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