

Gamma E-Gems®

Gamma Tocopherol

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness* 120 Soft Gels | 120 Servings

Carlson. Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel Servings Per Container 120

	Amount Per Serving		% D\
ı	Vitamin E (as d-alpha tocopherol)	100 mg	667%
	Gamma Tocopherol	465 mg	†
	Delta & Beta Tocopherols	185 mg	†

† Daily Value (DV) not established.

Other Ingredients: Sunflower oil, soft gel shell (beef gelatin, glycerin, water), soybean oil.

Directions: Adults: take one soft gel once or twice daily at mealtime.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Gamma E-Gems® provide gamma tocopherol, one of four vitamin E tocopherols. It is recognized as a powerful antioxidant that supports our body's natural defense system and protects us from nitrogen oxide.*

> ✓ Gluten-free ✓ No Artificial Preservatives

POTENCY & QUALITY GUARANTEED

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