



E·Gems[®] *plus*

**400 IU (268 mg) Vitamin E
+ Mixed Tocopherols**

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

250 Soft Gels | 250 Servings

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 250

	Amount Per Serving	% DV
Vitamin E (as d-alpha tocopherol from soy)	268 mg	1,787%
Total Mixed Tocopherols	95 mg	†
Gamma Tocopherol	70 mg	†
Beta and Delta Tocopherols	25 mg	†
† Daily Value (DV) not established.		

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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E-Gems[®] Plus provides the most potent, biologically active form of vitamin E, d-alpha tocopherol, plus a mixture of d-beta, d-gamma, and d-delta tocopherols. Vitamin E is a powerful antioxidant that helps protect cells from free radical damage and supports healthy cardiovascular function.*

✓ **Gluten-free**

✓ **No Artificial Preservatives**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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