E-Gems 400 IU (268 mg) Vitamin E Plus

+ Mixed Tocopherols

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*
100 Soft Gels | 100 Servings

Supplement Facts

Serving Size 1 Soft Gel Servings Per Container 100

Amount Per	Serving	% DV
Vitamin E (as d-alpha tocopherol from soy)	268 mg	1,787%
Total Mixed Tocopherols	95 mg	†
Gamma Tocopherol	70 mg	t
Beta and Delta Tocopherols	25 mg	†

† Daily Value (DV) not established.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime.**

POTENCY & QUALITY GUARANTEED

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E-Gems® Plus provides the most potent, biologically active form of vitamin E, d-alpha tocopherol, plus a mixture of d-beta, d-gamma, and d-delta tocopherols. Vitamin E is a powerful antioxidant that helps protect cells from free radical damage and supports healthy cardiovascular function.*

✓ Gluten-free✓ No Artificial Preservatives

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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