

## E-Gems 400 IU (268 mg) Vitamin E + Mixed Tocopherols

DIFTARY SUPPLEMENT

✓ Heart Health\* ✓ Antioxidant\* ✓ Optimal Wellness\*

50 Soft Gels | 50 Servings

## **Supplement Facts**

Serving Size 1 Soft Gel Servings Per Container 50

Amount Per Serving		% DV
Vitamin E (as d-alpha tocopherol from soy)	268 mg	1,787%
Total Mixed Tocopherols	95 mg	t
Gamma Tocopherol	70 mg	t
Beta and Delta Tocopherols	25 mg	t

† Daily Value (DV) not established.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), soybean oil.

**Directions:** Adults: take one soft gel once or twice daily **at mealtime.** 

## **POTENCY & QUALITY GUARANTEED**

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 USA • 888-234-5656 www.carlsonlabs.com • An FDA Regulated Facility E-Gems\* Plus provides the most potent, biologically active form of vitamin E, d-alpha tocopherol, plus a mixture of d-beta, d-gamma, and d-delta tocopherols. Vitamin E is a powerful antioxidant that helps protect cells from free radical damage and supports healthy cardiovascular function.\*

✓ Gluten-free✓ No Artificial Preservatives

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



0440-4b