

Athletic Greens®



ULTIMATE DAILY

**Our Most Complete Supplement
For A Better You**

Made in New Zealand
Whole Food Dietary Supplement Powder
Net Wt. 360 Grams (12.7oz)

Athletic Greens®

Give Your Best Every Day

Ultimate Daily is your daily all-in-one supplement with 75 proven, whole food sourced ingredients.

Our Most Complete Supplement for a Better You

Benefits of Daily Use:

- Supports Energy*
- Supports Immune System*
- Supports Gut Health & Digestion*
- Supports Liver Function*
- Supports Hormone Function*
- Supports Brain & Neural Function*
- Supports the Body's Normal Detox Process*
- Supports Blood Sugar Levels Already Within Normal Range*

No Compromises:

No GMO's, No Herbicides or Pesticides, No Artificial Colors, Flavors, Preservatives or Sweeteners.

Low Allergens:^{††} Low Sugar:

No Gluten, No Dairy, No Corn, Egg or Peanuts, No Animal Byproducts, No Lactose, Sucrose or Dextrose.

Lifestyle Friendly:

Vegetarian, Vegan, Paleo, Keto, Mind, Dash, Low-Carb

Directions:

Take One Scoop (12g) every day in 5 to 10 ounces of cold water. To optimize nutrient absorption, drink before breakfast on an empty stomach or as recommended by your Health Care Professional.

Extra Serving:

Athletes, very active people, or those with significant lifestyle stressors may consider taking two servings per day.

Storage:

Refrigerate after opening and use within 90 days. Contains silica pack for freshness. Do not eat.

CHILDREN, PREGNANT OR NURSING WOMEN should seek professional medical advice before taking this or any other dietary supplement.

Visit AthleticGreens.com/giving to see how you have impacted the life of a child with your purchase.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To Reorder:

Visit AthleticGreens.com
or call 888-390-6049

Athletic Greens® (USA), Inc.
105 Commerce Dr. • Aston, PA 19014 • 888-390-6049

Made in New Zealand from local and globally sourced ingredients.

^{††} Allergen Statement: This product contains a premium lecithin for phosphatidyl serine and phosphatidyl choline content. It is derived from SOY. This product has been tested and contains NO SOY trypsin inhibitor or other soy proteins.

Supplement Facts

Serving Size: One Scoop (12g) Servings Per Container: 30

	Amount per Serving	%DV
Calories	50	
Total Carbohydrate**	6g	2%
Dietary Fiber**	2g	8%
Total Sugars	< 1g	
Protein**	2g	4%
Vitamin A (as beta-carotene)	1850IU	62%
Vitamin C (ascorbic acid)	420mg	700%
Vitamin E (as d-alpha tocopherol succinate)	100IU	334%
Thiamin (Vitamin B1) (as thiamine hydrochloride)	3mg	200%
Riboflavin (Vitamin B2)	2mg	118%
Niacin (as nicotinic acid, nicotinamide)	20mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	3mg	150%
Folate (as 5-MTHF)	400mcg	100%
Vitamin B12 (as methylcobalamin)	22mcg	367%
Biotin (Vitamin B7)	330mcg	110%
Pantothenic acid (as calcium pantothenate)	4mg	40%
Calcium (as calcium citrate 300mg, calcium carbonate, calcium phosphate)	118mg	12%
Phosphorus (as potassium phosphate 280mg, calcium phosphate)	130mg	10%
Magnesium (as magnesium glycinate 200mg)	26mg	7%
Zinc (as zinc citrate)	15mg	100%
Selenium (as selenomethionine 5mg)	20mcg	29%
Copper (as copper gluconate 2mg)	195mcg	19%
Manganese (as manganese amino acid chelate 4mg)	400mcg	20%
Chromium (as chromium picolinate)	25mcg	21%
Sodium	45mg	2%
Potassium	300mg	9%

Alkaline, Nutrient-Dense Raw Superfood Complex 7388mg †

Organic spirulina, lecithin (65% phospholipids), organic apple powder, inulin (FOS prebiotics), organic wheat grass juice powder (leaf), organic alfalfa powder (leaf), organic chlorella powder, organic barley (Hordeum vulgare) leaf powder, acerola fruit juice powder extract (4:1), broccoli flower powder, papaya (Carica papaya) fruit powder, pineapple fruit concentrate (9:1), bilberry fruit extract (100:1), beet root powder, rose hip (Rosa canina) fruit powder (4:1), carrot root powder, spinach leaf powder, cocoa bean polyphenol extract, grape seed extract (120:1) (std. 95% OPC), green tea (Camellia sinensis) extract (leaf) (10:1), licorice root powder, lycium berry fruit extract (4:1), ginger rhizome powder, slippery elm (Ulmus rubra) bark powder, kelp whole plant powder.

Nutrient Dense Extracts, Herbs & Antioxidants 2732mg †

Alkaline pea protein isolate, citrus bioflavonoids extract, artichoke leaf extract (15:1), citric acid (anhydrous), rhodiola (Rhodiola rosea) root dry extract (15:1), eleuthero (Eleutherococcus senticosus) root extract (10:1), rosemary leaf extract (4:1), milk thistle seed extract (70:1), R5, alpha-lipoic acid, ashwagandha (Withania somnifera) root extract (5:1), dandelion whole plant dry concentrate (4:1), hawthorn berry extract (10:1), beta glucans, policosanol, coenzyme Q10 (ubiquinone), stevia (Stevia rebaudiana) leaf powder, Vitamin K2 (as menaquinone-7).

Digestive Enzyme & Super Mushroom Complex 154mg †

Astragalus (Astragalus membranaceus) root powder extract (4:1), bromelain (dietary enzyme), burdock root powder (4:1), reishi mushroom powder, shiitake mushroom powder.

Dairy Free Probiotics 7.2 billion CFU 38mg †

Lactobacillus acidophilus - UALA-01, Bifidobacterium bifidum - UABs-10

** Percent Daily Values (DV) are based on a 2000 calorie diet.
† Daily Value not established

Flavoring components: papaya, broccoli powder, cherry powder, carrot, natural pineapple flavor, natural vanilla flavor and stevia.