



E•Gems®

800 IU (536 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

100 Soft Gels

Carlson. Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 100

	Amount Per Serving	% Daily Value
Vitamin E (from d-alpha tocopheryl acetate from soy)	536 mg	3,573%

Other Ingredients: Soybean oil, soft gel shell
(beef gelatin, glycerin, water).

Directions: Adults: take one soft gel daily **at
mealtime.**

*These statements have not been evaluated by the FDA. This product is
not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

E-Gems® provide 800 IU
(536 mg) of natural-source
vitamin E per soft gel. Natural-
source vitamin E is a powerful
antioxidant that promotes
cardiovascular system health.*
Natural-source vitamin E is twice
as active inside our body as
synthetic vitamin E (by weight).

✓ **Gluten-free**
✓ **No Artificial Preservatives**



0381-1c