



E•Gems®

200 IU (134 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

250 Soft Gels

Carlson

Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 250

	Amount Per Serving	% Daily Value
Vitamin E (from d-alpha tocopheryl acetate from soy)	134 mg	893%

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), sunflower oil, soybean oil.

Directions: Adults: take one soft gel once or twice daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 USA • 888-234-5656
www.carlsonlabs.com • **An FDA Regulated Facility**

E-Gems® provide 200 IU (134 mg) of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health.* Natural-source vitamin E is twice as active inside our body as synthetic vitamin E (by weight).

✓ **Gluten-free**

✓ **No Artificial Preservatives**



0322-1c