Why Organic Whole-Food Complexes?

Our bodies understand — and seek — organic nourishment, for organic whole foods deliver the ideal form of essential micronutrients that allow us to thrive. Our Earth understands — and celebrates — organic cultivation, which reduces the burden of the toxic "ides" — pesticides, fungicides, and herbicides. And our organic whole-food complexed vitamins understand and speak your language — the language of life itself.

New Chapter will donate a portion of the net proceeds from this product to The Organic Center, whose mission is to generate credible information and communicate the universal benefits of organic farming and products. For more information about The Organic Center, visit www. organiccenter.org.

Luna Nueva – New Chapter's Organic Farm

Enjoying the ecosystem of the pristine Children's Eternal Rainforest in Costa Rica, New Chapter's organic spice estate serves as a model for the organic cultivation of glinger and turmeric and radiates a purity that reflects our commitment to environmental preservation and nutrient-enhancing growing practices.

• Probict (Nutrients": exclusively from New Chapter, are created by the viorstage culturing activity of organic Saccharomyzes crevisiae and three species of Lactobacillus, acidophilus, bifidus, and rhamnouss. These beneficial probiotics culture the listed vitamins, minerals, organic millied soy, and food nonentrates, creating 100% whole-food complexed nutriest that are remarkably easy to digest and utilize, while simultaneously offering naturally occurring phytonutrients such as soy isoflavones, beta glucans, bioflavonoids, quitathione, lipior acid, and enzymes.

Manufactured by
NEW CHAPTER, INC.
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301
888-874-4461

Certified Organic by
International Certification Services, Inc.
Medina, ND, USA
Get the Whole Truth!
Sign up for our e-newsletter at: new chapter.com

Ruple Loves

NEWCHAPTER

This package is made of 100% recycled paperboard (35% post-consumer content). It is processed chlorine-free (PCF) and uses vegetable oil-based inks.

Please help protect our planet recycle this bottle and box after use.





EVERY WOMAN°'S IRON SUPPORT

Whole-Food Complexed Iron and Supporting Nutrients for Blood Health*

- Dual culturing biotransforms Iron into the infinite complexity of food*
- · Gentle and easy on the stomach
- Especially useful during menstruation and when there is blood loss from injury or surgery*

60 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet Servings per container 60

One tablet contains		%DV
Probiotic Nutrients™ ◊		
Vitamin C †	30 mg	50%
Vitamin E†	15 Ū	50%
Folate †	800 mcg	200%
Vitamin B12†	30 mcg	500%
Iron †	9 mg	50%
Magnesium †	5 mg	1%
Zinc†	5 mg	33%

Organic Cultured Herbal Extracts (Proprietary Blend) Antioxidant Response † 49 mg [Cinnamon (bark)‡, Fenugreek (seed)‡, Oregano (leaf)‡,

[Cinnamon (bark)‡, Fenugreek (seed)‡, Oregano (leaf) Cumin (seed)‡, Coriander (seed)‡, Rosemary (leaf)‡, Clove (bud)‡, Allspice (berry)‡, Peppermint (leaf)‡]

Superfoods™ and Spices (Proprietary Blend)		
Organic Spinach (leaf)	109 mg	•
Organic Blueberry (fruit)	67 mg	•
Ginger (rhizome) 1.6 mg hydroethanolic	2 mg	•
extract and 0.4 mg organic supercritical ex	tract	
Turmeric (rhizome) 1.6 mg hydroethanolic	2 mg	•
extract and 0.4 mg organic supercritical ext	ract	

- Daily Value not established ‡ Organic
- † Nutrients are cultured in organic media that may contain: organic milled soy, organic yeast (Saccharomyces cerevisiae), organic mallodextrin, organic gum acacia, organic orange and lemon peel - natural sources of bioflavonoids, organic alfalfa powder, enzymes, and Loctobacilli (Lacidophilus, Lhiffuly Lhampour)

Other ingredients: Organic gum acacia, silica, organic pre-gelatinized maize starch, lac resin, and carnauba wax.

Contains: Fermented soy. Naturally gluten free.

 $\textbf{Suggested Use:} \ 0 \text{ne} \ \text{tablet daily.} \ \text{Can be taken anytime, even on an empty stomach.}$

100% vegetarian; no artificial flavors or colors.

We at New Chapter" provide you an organic probiotic alternative to isolated or USP vitamins and minerals. All of our vitamins and minerals are cultured in organic soy using nature's most prized and studied probiotics, featuring Lactobacilli acidophilus, bifulus, rhamosus, and Sacknamyres cerevisien. New Chapters Probiotic Nutrients" deliver biotransformed vitamins and minerals in their finest cultured form, much in the same way as miso, kefit, rempeh, and yoqurt. Your New Chapter nutrients:

- Are easy to digest, even on an empty stomach.
- Deliver essential nutrients in a safe and active form within the infinite complexity of food.
- Provide an energizing and protective array of phytonutrients and ferment metabolites, including cultured soy isoflavones, beta glucans, bacteriocins, bioflavonoids, glutathione, lipoic acid, and enzymes.

Every Woman"s Iron Support™ delivers 7 different blood-building probiotic vitamins and minerals as well as 9 free-radical scavenging herbs cultured for optimal effectiveness.* Herbs like cinnamon, oregano, and rosemary are revered for countering oxidation and providing key health benefits that support and sustain.*

Your health, and the health of those you love, are precious and deserve the finest nutritional support. We welcome you to the living world of New Chapter's Probiotic Nutrients — a vital organic choice for the fullest potential of life.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading asset of fatal pois oning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

