


### Suggested Use:

**Infants 6 - 12 mos:** 1/2 tsp daily  
**Children 1 - 3 yrs:** 1 tsp daily  
**Children 4+ yrs:** 1 - 2 tsp daily

 **How to grade your Cod Liver Oil:** **Freshness:** delivery time from fishing boat to manufacturing plant. **Purity:** Arctic Cod, sourced from the northern arctic seas surrounding the fjords of Norway. **Quality:** pressed only from pure Cod Liver, – no other fish or parts of fish used. **Purification:** patented molecular distillation process delivers the cleanest oil available. **Testing:** the contents of each bottle is tested for any contaminants, PCB's, dioxins, mercury, other metals and exceeds the highest standards. **Flavoring:** passes the children's taste test with an all-natural strawberry flavor. **ChildLife®** uses only the highest grade for all of the above.

**ChildLife®** uses only the highest quality ingredients. **Gluten free, alcohol free, casein free.** Contains no milk, eggs, soy, wheat, yeast, or corn. No artificial colors, flavors or sweeteners.

Keep out of the reach of children. Tamper Resistant: Do not use if outer safety seal is broken or missing.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



**CHILD LIFE**  
 ESSENTIALS<sup>®</sup>

## Nutrition for Kids!®

Formulated by  
 Dr. Murray C. Clarke, D. Hom., L. Ac.

# Pure Arctic Cod Liver Oil



**Natural Strawberry Flavor**

*Supports Healthy Brain Function\**

**Dietary Supplement**

8 fl. oz. (237 mL)



## Supplement Facts

Serving Size: 1/2 tsp (2.5 mL); 1 tsp (5 mL); 2 tsp (10 mL)  
 Servings Per Container: 95; 47; 24

Amount Per Serving	% DV Infants 6-12 mos (1/2 tsp)	% DV Children 1-3 yrs (1 tsp)	% DV Children 4+ yrs (2 tsp)
Calories	20	40	85
Total Fat	2.5 g 8%	4.5 g 12%***	9 g 12%**
Saturated Fat	0 g †	0.5 g 5%***	1.5 g 8%**
Cholesterol	10 mg †	25 mg 8%	45 mg 15%
Vitamin A (from retinyl palmitate & cod liver oil)	125 mcg 25%	250 mcg 83%	500 mcg 56%
Vitamin D (from cholecalciferol & cod liver oil)	5 mcg (200 IU) 50%	10 mcg (400 IU) 67%	20 mcg (800 IU) 100%
Vitamin E (from d-alpha-tocopherol)	2.5 mg 50%	5 mg 83%	10 mg 67%
Total Omega-3 Fatty Acids	588 mg †	1175 mg †	2350 mg †
DHA (Docosahexaenoic Acid)	275 mg †	550 mg †	1100 mg †
EPA (Eicosapentaenoic Acid)	200 mg †	400 mg †	800 mg †
Other Omega-3 Fatty Acids	113 mg †	225 mg †	450 mg †

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
 \*\*\* Percent Daily Values are based on a 1,000 calorie diet. † Daily Value not established.

**Other Ingredients:** Purified Arctic Cod Liver Oil, Natural Strawberry Flavor.  
 Contains Fish (Cod).

Manufactured for **CHILD LIFE®**  
 Los Angeles, CA 90245 U.S.A.  
 Tel: (800) 993-0332 [childlifenuitrition.com](http://childlifenuitrition.com)

- Refrigerate after opening.
- Give directly or mix with your child's favorite drink.

