



E·Gems[®]

100 IU (67 mg)

DIETARY SUPPLEMENT

✓ Heart Health* ✓ Antioxidant* ✓ Optimal Wellness*

250 Soft Gels

Carlson Providing the highest quality nutritional supplements since 1965

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 250

	Amount Per Serving	% Daily Value
Vitamin E (from d-alpha tocopheryl acetate from soy)	67 mg	447%

Other Ingredients: Soybean oil, soft gel shell (beef gelatin, glycerin, water).

Directions: Adults: take one soft gel once or twice daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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E-Gems[®] provide 100 IU (67 mg) of natural-source vitamin E per soft gel. Natural-source vitamin E is a powerful antioxidant that promotes cardiovascular system health.* Natural-source vitamin E is twice as active inside our body as synthetic vitamin E (by weight).*

✓ **Gluten-free**
✓ **No Artificial Preservatives**



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