

EVIDENCE-BASED



integrative
THERAPEUTICS, INC.

CLINICAL NUTRIENTS™ 45-PLUS WOMEN Iron-Free

*Daily multiple for increased energy,
enhanced immunity, and balanced nutrition**

Easy to Swallow

180 TABLETS

Dietary Supplement

Amount per 6 tablets	%DV**
Boron (as sodium borate)	3 mg ***
Lutein	1.5 mg ***
Silicon (as magnesium trisilicate)	1 mg ***
Vanadium (as vanadyl sulfate)	100 mcg ***
Zeaxanthin	75 mcg ***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
***Daily Value not established.

Other ingredients: cellulose, modified cellulose, modified cellulose gum, stearic acid, magnesium stearate, silicon dioxide, acacia, soy lecithin, vegetable glycerin, organic spirulina, and soybean oil.

Recommendations: Take 6 tablets daily with water to activate easy-to-swallow tablet coating. May take 3 tablets twice daily. Best if taken with food.

If pregnant, nursing, taking prescription drugs, or have gallstones or bile duct obstruction, consult your healthcare practitioner prior to use.

Contains no sugar, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, or preservatives. This product contains natural ingredients; color variations are normal.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA
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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 6 tablets Servings per container 30

Amount per 6 tablets	%DV**
Calories	15
Total Carbohydrate	3 g 1%**
Dietary Fiber	1 g 4%**
Vitamin A (75% as beta carotene and as retinyl acetate)	5,000 IU 100%
Vitamin C (ascorbic acid)	300 mg 500%
Vitamin D (as cholecalciferol)	800 IU 200%
Vitamin E (as natural mixed tocopherols)	60 IU 200%
Vitamin K (as phytonadione)	120 mcg 150%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg 4,000%
Riboflavin (vitamin B2)	60 mg 3,529%
Niacin (as niacinamide and niacin)	90 mg 450%
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	800 mcg 13,333%
Biotin	600 mcg 200%
Pantothenic Acid (as calcium D-pantothenate)	50 mg 500%
Calcium (as calcium carbonate, tricalcium phosphate, and calcium citrate)	800 mg 80%
Iodine (as potassium iodide)	450 mcg 300%
Magnesium (as magnesium aspartate and magnesium oxide)	300 mg 75%
Zinc (as zinc gluconate)	15 mg 100%

Amount per 6 tablets	%DV**
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese citrate)	2 mg 100%
Chromium (as chromium picolinate)	200 mcg 167%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium aspartate)	100 mg 3%
Cinnamon (Cinnamomum cassia) Bark Extract	300 mg ***
Choline Bitartrate	215 mg ***
Antioxidant Blend: sweet cherry fruit, green tea leaf extract, grape seed extract, pomegranate fruit extract, and giant knotweed root and rhizome extract containing 50% resveratrol	118 mg ***
Digestive Blend: ginger rhizome extract, dandelion root extract, and black radish root	115 mg ***
Vegetable Blend: broccoli flower, cabbage leaf, tomato fruit, carrot root, collard greens, mustard greens, kale leaf, and spinach leaf	50 mg ***
Inositol	30 mg ***
Betaine HCl	25 mg ***
Cranberry (Vaccinium macrocarpon) Fruit Extract standardized to contain 30% organic acids (quinic, malic, and citric acid)	25 mg ***
Bilberry (Vaccinium myrtillus) Fruit Extract 4:1	10 mg ***