

INDICATIONS AND USAGE: Select-OB®+DHA is indicated to provide vitamin, mineral, and omega-3 fatty acid supplementation prior to conception, throughout pregnancy, and during the postnatal period for the lactating and non-lactating mother, including individuals with known allergies to fish. Select-OB®+DHA does not contain fish, fish oils, fish proteins or fish byproducts.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a Poison Control Center immediately.

DOSAGE AND ADMINISTRATION: Before, during and after pregnancy, chew or swallow one blue Select-OB® caplet and swallow one DHA softgel capsule daily, or as directed by a physician.

HOW SUPPLIED: Select-OB®+DHA is available as a light blue caplet debossed EV0077 and one amber-colored DHA softgel capsule. Available in Box of Unit-Dose pack of 30 (6 child resistant blister cards of 5 Select-OB® caplets and 5 DHA softgel capsules each), (NDC 0642-0075-30) and as professional samples (NDC 0642-0075-03). Store at room temperature, approximately 15°-30°C (59°-86°F), avoid excessive heat and moisture.

Rx
See package insert for full prescribing information

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Select-OB®+DHA

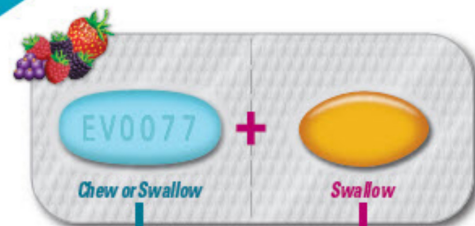
Prenatal Supplement with DHA

Berry flavored BLUE Select-OB® Caplet
can be chewed or swallowed

DHA Softgel Capsule
from natural source DHA



• Lactose, Gluten and
Fish By-Product Free



Select-OB® + DHA
(DAILY DOSE)

Lot No.

NO VARNISH AREA FOR
LOT NO & EXP DATE IMPRINT

Exp. Date:

Select-OB®+DHA

Prenatal Supplement with DHA

Berry flavored BLUE Select-OB® Caplet
can be chewed or swallowed

DHA Softgel Capsule
from natural source DHA



New
Smaller DHA Softgel



Unit Dose Pack
30 Caplets and 30 Softgel Capsules

Rx

U.S. Patented

0642-0075-30

Select-OB®+DHA

Prenatal Supplement with DHA

Supplement Facts

Serving Size 1 Caplet and 1 Softgel Capsule

Each Caplet contains		% Daily Value in Pregnancy
Vitamin A (as acetate and beta carotene)	1700 IU	21%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamine Mononitrate (Vitamin B1)	1.6 mg	94%
Riboflavin (Vitamin B2)	1.8 mg	90%
Niacin (as niacinamide)	15 mg	75%
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg	100%
Folic acid	1 mg	125%
Vitamin B12 (as cyanocobalamin)	5 mcg	63%
Elemental Iron (as polysaccharide iron complex)	29 mg	161%
Magnesium (as magnesium oxide)	25 mg	6%
Zinc (as zinc oxide)	15 mg	100%

Each Softgel Capsule contains

Algal OMEGATEX0053TGCH (derived from natural algal oil)	486 mg*	†
(*providing 250mg DHA (docosahexaenoic acid))		

† Daily Value not established

Other Ingredients in Select-OB® Caplet: Fructose, Stearic Acid, Mono and Diglycerides, Croscarmellose Sodium, Mixed Berry Flavor W0NF, Gelatin (Porcine), Silicon Dioxide, Citric Acid, Magnesium Stearate, Modified Food Starch, Hydroxypropylmethyl Cellulose, Malic Acid, Sucrose, Corn Starch, Dicalcium Phosphate, Sodium Ascorbate, Medium Chain Triglycerides, Sorbic Acid, Tocopherol Concentrate, Sodium Benzoate, dl-Alpha-Tocopherol, Butylated Hydroxytoluene (BHT), Tricalcium Phosphate. Coating: Hydroxypropylmethyl Cellulose, Titanium Dioxide, Polydextrose, Hydroxypropyl Cellulose, Triacetin, Polyethylene Glycol, FD&C Blue #1 / Aluminum Lake, FD&C Blue #2 / Aluminum Lake. Contains: Soy. Other Ingredients in DHA Softgel Capsule: Gelatin, Glycerin USP, Water.

