

NDC 52747-504-30

Provide OB™

Prenatal Multivitamin & Mineral
Supplement enhanced with
Lactobacillus casei KE-99

Rx only

INDICATIONS: Provide OB™ is a prenatal supplement designed to improve the nutritional status of women throughout pregnancy and during the postnatal period to lactating and non-lactating mothers. Provide OB™ may also be used to improve the nutritional status of women before conception.

CONTRAINDICATIONS: Provide OB™ is contraindicated in patients with a known hypersensitivity to any of its ingredients; also, all iron compounds are contraindicated in patients with hemolysis, hemochromatosis, or hemolytic anemias. It is also contraindicated in patients suffering from pernicious anemia as folic acid may obscure its signs and symptoms.

Ferrous Fumarate and Polysaccharide Iron Complex (PIC): All Provide OB products include a unique patented source of iron, e.g. Ferrous Fumarate and Polysaccharide Iron Complex (U.S. Patent No. 11/243,043 Pending). An increase in tolerability is observed with the formulation and is believed to occur as the result of distributing the total iron content in the composition among compounds that provide iron to the patient's blood stream via two different mechanisms. The ferrous salts are readily absorbed in the upper gut, by direct dissolution and absorption of the ferrous iron by the bloodstream. However, the iron available from PIC is absorbed in the lower gut, via an active protein transport mechanism.

Clinical Studies: Picinni, L-Ricciotti, M. 1982. Therapeutic effectiveness of an iron-polysaccharide complex in comparison with iron fumarate in the treatment of iron deficiency anemias: PANMINERVA MEDICA-EUROPA MEDICA, Vol. 24, No. 3, pp 213-220 (July-September 1982)

Folic Acid: Folic Acid is one of the important hematopoietic agents necessary for proper regeneration of the blood-forming elements and its function. Additionally, folic acid increases jejunal glycolytic enzymes and is involved in the desaturation and hydroxylation of long-chain fatty acids in the brain. A deficiency in folic acid results in megaloblastic anemia.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 0.1 mg - 0.4 mg daily may obscure the signs and symptoms of pernicious anemia, in that hematological remission can occur while neurological manifestations remain progressive. The use of this product by immunocompromised patients or treatment of any disorder must be medically supervised by a physician.

OVERDOSE: Iron: Signs and Symptoms: Iron is toxic. Acute overdose of iron may cause nausea and vomiting and, in severe cases, cardiovascular collapse and death. Other symptoms include pallor and cyanosis, melena, shock, drowsiness and coma. The estimated overdose of orally ingested iron is 300-mg/kg body weight. When overdoses are ingested by children, severe reactions including fatalities, have resulted.

DOSAGE AND ADMINISTRATION: Adults (persons over 12 years of age), one (1) capsule daily, between meals, or as prescribed by a physician. Do not exceed recommended dosage. Do not administer to children under the age of 12.

HOW SUPPLIED: Provide OB™ are Swedish Orange Vcaps® capsules printed with "US" logo and "Prov". Child resistant bottles of 30 capsules, NDC# 52747-504-30. Dispense in a tight, light-resistant container as defined in the USP/NF with a child resistant closure. Store at controlled room temperature 15° to 30°C (59° to 86°F). Keep in a cool, dry place.

CAUTION: Rx only.

Vcaps® and the Vcaps® Logo are trademarks used under license.

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30 Capsules

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Consult package literature for full prescription information. You should contact your healthcare provider for medical advice about adverse events. To report a serious adverse event, contact US Pharmaceutical Corporation, P.O. Box 360465, Decatur, GA 30036. Marketed by US Pharmaceutical Corporation. Manufactured with Vcaps® Plus capsule shells. Store at controlled room temperature 15° to 30°C (59° to 86°F). Keep in a cool, dry place. Manufactured in a FDA registered facility in the USA.

CAUTION: Rx only. Rev. 06/2013
Patent Numbers: USA: 6,797,266; 5,626,883; Mexico MX/a/2008/ 004461; Singapore: 200802623-9 and other countries. QL-00199

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% DV*	% Daily Value for Pregnant or Lactating Women
Vitamin C (Ascorbic Acid)	60 mg	100%
Vitamin D ₃ (Cholecalciferol)	400 IU	100%
Vitamin B ₁ (Thiamine Hydrochloride)	2.5 mg	167%
Vitamin B ₂ (Riboflavin)	3.5 mg	206%
Vitamin B ₃ (Niacin)	10 mg	50%
Vitamin B ₆ (Pyridoxine HCl)	25 mg	1250%
Folic Acid	1.25 mg	313%
Vitamin B ₁₂ (Cyanocobalamin)	12 mcg	200%
Biotin	300 mcg	100%
Vitamin B ₉ (Calcium L-Pantothenate)	6 mg	60%
Iron (20 mg from Ferrous Fumarate; 20 mg from Polysaccharide Iron Complex)	40 mg	222%
Magnesium (as Magnesium Oxide)	20 mg	5%
Zinc (as Zinc Oxide)	10 mg	67%
Copper (as Copper Gluconate)	1 mg	50%
<i>Lactobacillus casei</i> KE-99	30 mg	†
200 Billion CFU/g**		

* Percent Daily Value based on 2000 calorie intake for adults and children 12 years and older. † Daily value not established

** Colony-forming units (CFU) per gram at time of manufacturing

Other Ingredients: Titanium Dioxide, FD&C Blue #1, FD&C Red #40, Hypromellose, Magnesium Stearate and Microcrystalline Cellulose