

*From culture of *S. cerevisiae*.
**From culture of *L. bulgaricus*.
¹At time of blending.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are being treated for ulcers, are pregnant, nursing, giving product to children, anticipate surgery, take medication (particularly blood thinners) on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors or preservatives.

Made without dairy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes dairy, peanut, tree nuts and shellfish.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.



RAW ENZYMES

Women 50 & Wiser

**22 HIGH POTENCY
DIGESTIVE ENZYMES**

**PLUS PROBIOTICS &
PROBIOTIC-CREATED VITAMINS**



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Corporation



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100% Certified
Renewable
Energy



**GLASS
RECYCLES**

Distributed by Garden of Life LLC

4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A.
and other countries. www.gardenoflife.com

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Suggested Use: Adults take 1 capsule with meals. Contents may be mixed in juice or water. Not intended for children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving	%Daily Value
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Vitamin A* (as beta-carotene) 20 mcg	2%
Vitamin D* (as D3) 4.2 mcg (167 IU)	21%
Thiamin* (Vitamin B1) 0.08 mg	7%
Riboflavin* (Vitamin B2) 0.03 mg	2%
Niacin* (as Niacinamide) 0.33 mg	2%
Vitamin B6* 0.07 mg	4%
Folate* 17 mcg DFE	4%
Vitamin B12* 3 mcg	125%
Biotin* 6 mcg	20%
Pantothenic Acid* 0.17 mg	3%
Zinc** 0.33 mg	3%

Vitamin K2 (as menaquinone-7) 2 mcg	+
Raw Enzyme Blend¹ 620 mg	+

Protein-Digesting Enzymes
Bromelain (333,333 PU)
Papain (333,333 PU)
Peptidase (3,600 HUT)
Protease (high pH) (3,030 HUT) [Dairy Digesting]
Protease (low pH) (25 SAPU) [Dairy Digesting]
Protease (mid pH) (110,000 HUT) [Dairy Digesting]
Protease (neutral pH) (3,200 PC) [Dairy Digesting]

Carbohydrate-Digesting Enzymes
alpha-Galactosidase (634 GalU)
Amylase (29,849 DU)
beta-Glucanase (46 BGU)
Cellulase (4,080 CU)
Glucoamylase (67 AGU)
Hemicellulase (1,248 HCU)
Invertase (1,277 SU)
Lactase (1,890 ALU) [Dairy Digesting]
Maltase (267 DP)
Pectinase (65 PGU)
Phytase (11 FTU)
Xylanase (840 XU)

Fat-Digesting Enzymes
Lipase (4,410 FIP)

Enzyme-Generating Probiotic Blend 31 mg	+
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Bacillus coagulans,
Saccharomyces boulardii

Total Cultures	500,000,000	CFU¹
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Nattokinase	67 FU¹	+
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Superoxide Dismutase	5 SOD Units¹	+
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Mineral Enzyme Activators 1 mg	+
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Red Algae (*Algas calcareas*), alfalfa in an ocean-based ionic mineral blend

+ Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic brown rice.

Contains: Soy.

90 VEGETARIAN CAPSULES

WHOLE FOOD SUPPLEMENT