Raw Organic Fit is a High Protein Plant Based shake designed to enhance your diet and exercise program, empowering you to lose weight and build lean muscle.



BURN FAT Organic Svetol® Green Coffee Bean Extract

FIGHT CRAVINGS & SATISFY HUNGER[†] Organic Ashwagandha and 8g Organic Fiber

BUILD MUSCLE¹ 28g Complete Organic Plant Protein

EASY TO DIGEST[†] 3 Billion CFU Probiotics and 13 Enzymes

GLUTEN FREE • MADE WITHOUT DAIRY OR SOY INGREDIENTS

Try the Raw Organic Fit Jump Start Plan today, go to www.gardenoflife.com/raworganicfit.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HIGH PROTEIN FOR WEIGHT LOSS

BURNS FAT' • SATISFIES HUNGER' FIGHTS CRAVINGS

PLANT BASED Original







VEGAN • GLUTEN FREE • MADE WITHOUT DAIRY OR SOY INGREDIENTS

Net Wt 31.39 oz (1 lb 15.39 oz / 890 a)

WHOLE FOOD DIETARY SUPPLEMENT (U)

USDA









Suggested Use: Adults mix 1 level scoop in 10 ounces of water (scoop included). Delicious with unsweetened almond milk. Not intended for children.

90 mg

1.2 mg

15 mg

35 mca

42 a

700 ma

80 mcg 27 mg 30%

100%

100%

280 mcg

Supr

Calories Total Fat Saturated Fat Trans Fat Polyunsaturate Monounsaturate Sodium Total Carbohydra Dietary Fiber

Vitamin A

Vitamin K

Potassium (naturally occurring)

Vitamin C (naturally occurring)

Magnesium (naturally occurring)

Chromium (from Brown Rice Chelate)

Raw Certified Organic Protein Blend

Raw Certified Organic Superfood Blend

Extract), Raw Organic Ashwagandha Root

Percent Daily Values based on a 2,000 calorie diet.

Sprout, Organic Alfalfa Sprout

Raw Probiotic & Enzyme Blend

Hemicellulase Xylanase

+Daily Value not established.

& Stress Management Blend

Raw Certified Organic Weight Loss

Organic Pea Protein, Organic Sprouted Brown Rice Protein, Organic

Flax Seed & Sprout, Organic Cracked-Wall Chlorella, Organic

Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic

Organic Cinnamon, Organic Baobab Fruit, Organic Daikon Radish

Raw Organic Svetol® (Naturally Decaffeinated Green Coffee Bean

[Lactobacillus acidophilus, Lactobacillus plantarum] (3 Billion CFU),

Other Ingredients: Organic vanilla flavors, organic stevia extract (leaf),

Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase,

Tapioca Fiber, Organic Pea Fiber, Organic Chia Seed & Sprout, Organic

Lentil Sprout, Organic Adzuki Bean Sprout, Organic Sunflower Seed

Sprout, Organic Pumpkin Seed Sprout, Organic Sesame Seed Sprout

Vitamin E (from Sunflower Oil)

Sunnlam	ont Eas	ctc	TYPICAL AMINO ACID PROFILE (Per 44.5g Serving)
Supplem	CIIL La	C12	ALANINE1420 mg
Serving Size 1 Level Scoop (44.5g)			ARGININE2370 mg
Servings Per Container Approximately 20			ASPARTIC ACID 3080 mg
Amount Per Serving % Daily Value			CYSTINE340 mg GLUTAMIC ACID4710 mg
Calories	170		GLYCINE
Total Fat	2 g	3%1	HISTIDINE
Saturated Fat	0 g		ISOLEUCINE**^1340 mg
Trans Fat	0 g		LEUCINE**^2340 mg
Polyunsaturated Fat	1 g		LYSINE**1780 mg
Monounsaturated Fat	1 g		METHIONINE**450 mg
Sodium	150 mg	7%	PHENYLALANINE**1540 mg
Total Carbohydrate	10 g	4%1	PROLINE1290 mg
Dietary Fiber	8 g	29%1	SERINE1490 mg
Soluble Fiber	5 g		THREONINE**
Insoluble Fiber	3 g		TRYPTOPHAN**290 mg TYROSINE
Total Sugars	<1 g	+	VALINE**^
Includes Og Added Sugars		0%1	
Protein	28 g	38%1	**Essential Amino Acids ^Branched Chain Amino Acids
Vitamin D	25 mcg (1,000 IU)	125%	Vitamins A, D & K from culture of Saccharomyces cerevisiae.
Calcium (naturally occurring)	150 mg	10%	
Iron (naturally occurring)	3 mg	15%	

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing. anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place.

Do not use if safety seal is broken or missing. Packaged by weight not volume. Settling may occur

Made without dairy or soy ingredients, added sugars filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes egg. milk, soy and tree nuts. May contain traces of soy due to agricultural practices.

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Organic Svetol® is a registered trademark of Naturex, Inc.

Distributed by Garden of Life LLC

4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA Certified Organic by QCS Made in the U.S.A. from foods grown in the U.S.A. and other countries

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