

FIGHTS CRAVINGS[†] • BURNS FAT[†] • SATISFIES HUNGER[†]

RAW ORGANIC FIT

Raw Organic Fit is a **High Protein Plant Based** shake designed to enhance your diet and exercise program, empowering you to **lose weight** and **build lean muscle**!



- BURN FAT[†]**
Organic Svetol® Green Coffee Bean Extract
- FIGHT CRAVINGS & SATISFY HUNGER[†]**
Organic Ashwagandha and 8g Organic Fiber
- BUILD MUSCLE[†]**
28g Complete Organic Plant Protein
- EASY TO DIGEST[†]**
3 Billion CFU Probiotics and 13 Enzymes

GLUTEN FREE • MADE WITHOUT DAIRY OR SOY INGREDIENTS

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FIGHTS CRAVINGS[†] • BURNS FAT[†] • SATISFIES HUNGER[†]



RAW ORGANIC
Fit

HIGH PROTEIN FOR WEIGHT LOSS[†]

BURNS FAT[†] • SATISFIES HUNGER[†]
FIGHTS CRAVINGS[†]

PLANT BASED

Coffee



VEGAN • GLUTEN FREE • MADE WITHOUT DAIRY OR SOY INGREDIENTS

10 - 1.64 oz (46.5 g) PACKETS WHOLE FOOD
Net Wt 16.40 oz (1 lb 0.40 oz / 465 g) DIETARY SUPPLEMENT

FIGHTS CRAVINGS[†] • BURNS FAT[†] • SATISFIES HUNGER[†]

USE RAW ORGANIC FIT DAILY
TO MAKE YOUR DIET AND EXERCISE
PROGRAM MORE EFFECTIVE.

170

CALORIES PER SERVING

28g

ORGANIC PLANT PROTEIN

8g

ORGANIC FIBER

<1g

LESS THAN 1g OF SUGAR

3

BILLION LIVE PROBIOTICS & 13 ENZYMES

LOW GI

LOW GLYCEMIC INDEX[†]

Suggested Use: Adults mix 1 packet in 10 ounces of water. Delicious with unsweetened almond milk. Not intended for children.

Supplement Facts

Serving Size 1 Packet (46.5g)
Servings Per Container 10

	Amount Per Serving	% Daily Value
Calories	170	
Total Fat	2 g	3% ¹
Saturated Fat	0 g	
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	1 g	
Sodium	150 mg	7%
Total Carbohydrate	10 g	4% ¹
Dietary Fiber	8 g	29% ¹
Soluble Fiber	5 g	
Insoluble Fiber	3 g	
Total Sugars	<1 g	
Includes 0g Added Sugars	0 g	0% ¹
Protein	28 g	38% ¹
Vitamin D	25 mcg (1,000 IU)	125%
Calcium (naturally occurring)	150 mg	10%
Iron (naturally occurring)	3 mg	15%
Potassium (naturally occurring)	90 mg	2%
Vitamin A	280 mcg	30%
Vitamin C (naturally occurring)	1.2 mg	2%
Vitamin E (from Sunflower Oil)	15 mg	100%
Vitamin K	80 mcg	70%
Magnesium (naturally occurring)	27 mg	6%
Chromium (from Brown Rice Chelate)	35 mcg	100%

Raw Certified Organic Protein Blend 42 g +
Organic Pea Protein, Organic Sprouted Brown Rice Protein,
Organic Tapioca Fiber, Organic Pea Fiber, Organic Chia Seed &
Sprout, Organic Flax Seed & Sprout, Organic Cracked-Wall
Chlorella, Organic Amaranth Sprout, Organic Quinoa Sprout,
Organic Millet Sprout, Organic Buckwheat Sprout, Organic
Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean
Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed
Sprout, Organic Sesame Seed Sprout

Raw Certified Organic Weight Loss & Stress Management Blend 700 mg +
Raw Organic Svetol® (Naturally Decaffeinated Green
Coffee Bean Extract), Raw Organic Ashwagandha Root

Raw Certified Organic Superfood Blend 330 mg +
Organic Baobab Fruit, Organic Cinnamon, Organic
Daikon Radish Sprout, Organic Alfalfa Sprout

Raw Probiotic & Enzyme Blend 21 mg +
[Lactobacillus acidophilus, Lactobacillus plantarum] (3 Billion CFU),
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase,
Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase,
Hemicellulase, Xylanase

¹Percent Daily Values are based on a 2,000 calorie diet.
[†]Daily Value not established.

Other Ingredients: Organic Arabica Fair Trade coffee, organic vanilla
flavors, organic coffee flavor, organic stevia extract (leaf), sea salt.



TYPICAL AMINO ACID PROFILE (Per 46.5g Serving)	
ALANINE	1420 mg
ARGININE	2370 mg
ASPARTIC ACID	3080 mg
CYSTINE	340 mg
GLUTAMIC ACID	4710 mg
GLYCINE	1220 mg
HISTIDINE	670 mg
ISOLEUCINE***	3340 mg
LEUCINE***	2340 mg
LYSINE**	1780 mg
METHIONINE*	450 mg
PHENYLALANINE**	1540 mg
PROLINE	1290 mg
SERINE	1490 mg
THREONINE**	980 mg
TRYPTOPHAN**	290 mg
TYROSINE	1220 mg
VALINE**	1440 mg

**Essential Amino Acids *Branched Chain Amino Acids

Contains 60mg of naturally occurring caffeine per serving.

Vitamins A, D & K from culture of *Saccharomyces cerevisiae*.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.
Store in a cool, dry place.
Do not use if packet is torn or punctured.

Made without dairy or soy ingredients, added sugars, flavor ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes eggs, milk, soy and tree nuts. May contain traces of soy due to agricultural practices.

svetol Organic Svetol® is a registered trademark of Naturex, Inc.

Certified B Corporation Certified by the nonprofit B Lab to meet rigorous standards of social and environmental performance, accountability and transparency.

Distributed by Garden of Life LLC
4200 Northcorp Parkway
Palm Beach Gardens, FL 33410 USA
Certified Organic by QCS
Made in the U.S.A. from foods grown in the U.S.A. and other countries.
www.gardenoflife.com
© 2016 Garden of Life LLC ROFCOFT-042418