

STORE AT CONTROLLED ROOM TEMPERATURE
15° to 30°C (59° to 86°F). AVOID EXCESS
HEAT.

Dispense in a well closed, light-resistant
container, with a child resistant cap.

KEEP THIS AND ALL MEDICATION OUT OF THE
REACH OF CHILDREN.

DO NOT USE IF INNER SAFETY SEAL IS
BROKEN OR MISSING.

Questions or comments call 1-855-361-3993.

Manufactured for:

AVKARE, Inc.
Pulaski, TN 38478

Mfg. Rev. 09/12

AV Rev. 07/17 (P)

MINERAL S:

Calcium (Calcium Carbonate) 200 mg
Iron (Ferrous Fumarate) 27 mg
Zinc (Zinc Oxide) 25 mg
Copper (Cupric Oxide) 2 mg

Other Ingredients: croscarmellose sodium,

FD&C Blue #2, FD&C Red #40, FD&C Yellow #5,
FD&C Yellow #6, macrogol, magnesium
stearate, microcrystalline cellulose, polyvinyl
alcohol, silicon, starch, stearic acid, talc,
titanium dioxide

Indication: To provide Vitamin and Mineral
supplementation throughout pregnancy and
during the postnatal period for both the lactating
and non-lactating mother. It is also useful for
improving nutritional status prior to conception.

Dosage: As a dietary adjunct before, during and
after pregnancy, take one tablet daily with a
meal, or as directed by a physician.

**WARNING: Accidental overdose of
iron-containing products is a leading cause of
fatal poisoning in children under age 6. Keep
this product out of the reach of children. In
case of accidental overdose, call a doctor or
Poison Control Center immediately.**

Precautions: Folic acid may partially correct the
hematological damage due to Vitamin B12
deficiency of pernicious anemia, while the
associated neurological damage progresses.

This product contains FD&C Yellow No. 5
(tartrazine) which may cause allergic-type
reactions (including bronchial asthma) in certain
susceptible persons. Although the overall
incidence of FD&C Yellow No. 5 (tartrazine)
sensitivity in the general population is low, it is
frequently seen in patients who also have aspirin
hypersensitivity.

AVKARE
NDC 42291-686-01

Prenatal Plus Vitamin and Mineral Tablet

Multi-Vitamin

100 Tablets

Rx Only

Each Tablet Contains:

VITAMINS:

	Amount Per Tablet
Vitamin A (as Acetate and Beta Carotene)	4000 IU
Vitamin C (Ascorbic Acid)	120 mg
Vitamin D-3 (Cholecalciferol)	400 IU
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 mg
Thiamine (Vitamin B-1 from Thiamine Mononitrate)	1.84 mg
Riboflavin (Vitamin B-2)	3 mg
Niacin (Nicotinamide)	20 mg
Vitamin B-6 (as Pyridoxine HCl)	10 mg
Folic Acid	1 mg
Vitamin B-12 (Cyanocobalamin)	12 mcg

**Peel
Here**