

Complete Multivitamin + Hormonal Support

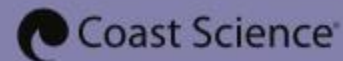
RELIEVES HOT FLASHES,
NIGHT SWEATS, MOOD SWINGS,
DEPRESSION, ANXIETY,
BLOATING, WEIGHT GAIN,
LOW SEX DRIVE, INSOMNIA,
FATIGUE, BRAIN FOG,
DRY SKIN, WINKLES,
AND HAIR LOSS

she-ology.com

The statements herein have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



she-ology™



Women's Hormonal Supplement

FORMULATED TO EASE SYMPTOMS OF

Menopause Plus

☑ COMPLETE MULTIVITAMIN + HORMONAL SUPPORT



Become Your Most Vibrant Self

Recommendation: Take three (3) capsules twice daily with food.
Precaution: If reaction(s) occur, consult your physician. Do not purchase this product if seal is missing or broken. Consult your doctor before starting any dietary supplement regime. This product is a dietary supplement not a prescription drug. Keep this product out of reach of children. In case of accidental overdose, call a hospital or poison control center immediately.

Refrigerate after opening.

Quatrefolic® is a registered trademark of Gnosis SpA.

U.S. Patent No. 7,947,662

ChromeMate® is a registered trademark of InterHealth N.I.

Manufactured in a cGMP-compliant facility.

KSM-66®

ashwagandha

Quatrefolic®

CHROMEMATE®



PLEASE
RECYCLE



NO ANIMAL PRODUCTS



MADE IN
USA ONLY



VEGAN

Formulated and Distributed Exclusively by:
Coast Science, LLC 4653 Carmel Mountain Rd
Ste. 308-123 San Diego, CA 92130
877.237.3748 | www.coastscience.com

SUPPLEMENT FACTS

Serving Size: 6 Veggie Capsules
Servings Per Container: 30 (180 capsules per bottle)

	Amount per Serving	% DV
Vitamin A (100% as beta-carotene)	3000 IU	60%
Vitamin C (as ascorbic acid)	90 mg	150%
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Vitamin E (as d-alpha-tocopheryl succinate)	30 IU	100%
Vitamin K (K1 and K2 (MK7) Blend)	80 mcg	100%
Vitamin B1 (as thiamine HCl)	1.5 mg	100%
Vitamin B2 (as riboflavin)	1.7 mg	100%
Vitamin B3 (as niacin)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
(6S)-5-MethylTetraHydroFolate (MTHF)*	999 mcg (Quatrefolic®)	135%
	539 mcg (Folate)	
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Biotin	1000 mcg	333%
Vitamin B5 (as pantothenic acid)	10 mg	100%
Calcium (as AlgaeCal®)	200 mg	20%
Iron (as ferrous fumarate)	18 mg	100%
Iodine (as amino acid chelate)	150 mcg	100%
Magnesium (as magnesium oxide)	320 mg	100%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as amino acid chelate)	70 mcg	100%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium† (as ChromeMate®)	1000 mcg	833%
Molybdenum (as sodium molybdate)	77 mcg	100%
Choline	425 mg	100%
Coenzyme Q10	50 mg	***
Proprietary Blend	965 mg	***

L-Theanine, KSM-66 Ashwagandha, Collactive Low Molecular Weight Marine Collagen, Passion Flower Extract (as in Graminex G63), Omega 3s EPA and DHA, Cynatine HNS (soluble keratin), Ginkgo Biloba Leaf Extract, Ground Flax Meal, Polyphenol (resveratrol), Fenugreek Seed Extract (Libifem®), Hyaluronic Acid (as hyaluronan)

*** Daily Values not established Daily Values based on a 2000 calorie diet

*Quatrefolic®, equivalent to 916 mcg Dietary Folate Equivalent (DFE at 1.7x)

†ChromeMate® is a patented oxygen-coordinated niacin-bound chromium complex.