Pictured on this label is The Holy Mountain Arunachala in South India. "So great is the power of this Hill that the very sight of it cleansed my heart and destroyed my ego." Sri Ramana Maharshi

Brahmi is one of the world's most powerful adaptogens, and offers support for the nervous system, a calm mind and sound sleep. Brahmi lifts mood, helps to improve memory and promotes mental clarity. By increasing circulation to the brain and nourishing the nervous system, Brahmi improves overall vitality and boosts energy, without side effects.*

Suggested Use: 1-2 capsules with food and water 2 times a day, or as directed by your health care practitioner.

Safe for Vegans and Vegetarians • Gluten Free Do Not Use if Pregnant or Nursing without Consulting a Physician.

*This statement has not been evaluated by the FDA; This product is not intended to diagnose, treat, cure, or prevent any disease.





Brahmi-Gotu Kola

BRAIN & NERVOUS SYSTEM SUPPORT

MADE WITH Certified Organic Herbs

HERBAL DIETARY SUPPLEMENT 90 VEGETARIAN CAPSULES.

Supplement Facts

Servings Per Container 90 Serving Size 1 Capsule Amount Per Serving

*Daily Value not established

*Organic Gotu Kola Leaf (Centella asiatica) Other Ingredients: Vegetable cellulose (capsule)

