



Suggested Use: Adults take 2 capsules with breakfast and 2 capsules with dinner for 12 consecutive days. Not intended for children.

## Supplement Facts

ize 4 Capsules Servings Per Container 12

Amount	per	Serving

Wild Crafted Yellow Dock Rumex crispus (Root)	480 mg*
Wild Crafted Buckthorn Rhamnus frangula (Bark)	480 mg*
Organic Rhubarb Rheum palmatum (Root)	420 mg*
Organic Ginger Zingiber officinale (Root)	192 mg*
Wild Crafted Fennel Foeniculum vulgare (Seed)	168 mg*
Wild Crafted Barberry Berberis vulgaris (Root Bark)	168 mg*
Wild Crafted Red Raspberry Rubus idaeus (Leaf)	120 mg*
Organic Cayenne Capsicum annum (Seed)	48 mg*

\*Daily Value not established

Other ingredients: Vegetable cellulose (capsule), organic rice (hull) CAUTION: As with any dietary supplement, consult your healthcare practitioner before using is product, especially if you anticipate surgery, take medication on a regular basis or are

Keep out of reach of children. Not recommended for pregnant and nursing mothers. or missing. Store in a cool, dry place. Contains Do not use if safety seal is colors or preservatives. Individual unit not for resale









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NO STIMULANT LAXATIVES