

Complete Multivitamin + Hormonal Support

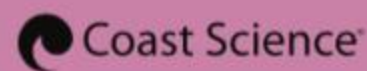
RELIEVES BLOATING,
BREAST TENDERNESS,
WATER RETENTION, MOOD
SWINGS, IRRITABILITY,
DEPRESSION, CRAMPS,
FOOD CRAVINGS, FATIGUE,
LOW SEX DRIVE, HOT FLASHES,
AND NIGHT SWEATS

she-ology.com

The statements herein have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



she-ology™



Women's Hormonal Supplement

FORMULATED TO EASE SYMPTOMS OF

PMS^{Plus}

✚ COMPLETE MULTIVITAMIN + HORMONAL SUPPORT



Become Your Most Vibrant Self

Recommendation: Take three (3) capsules twice daily with food.
Precaution: If reaction(s) occur, consult your physician. Do not purchase this product if seal is missing or broken. Consult your doctor before starting any dietary supplement regime. This product is a dietary supplement not a prescription drug. Keep this product out of reach of children. In case of accidental overdose, call a hospital or poison control center immediately.

Refrigerate after opening.

Quatrefolic® is a registered trademark of Gnosis SpA.

U.S. Patent No. 7,947,662

ChromeMate® is a registered trademark of InterHealth N.I.

Manufactured in a cGMP-compliant facility.

KSM-66®

ashwagandha

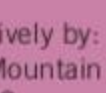
Quatrefolic®

CHROMEMATE®

PLEASE



RECYCLE



NO ALCOHOL



NO CAFFEINE



SUPPLEMENT FACTS

Serving Size: 6 Veggie Capsules

Servings Per Container: 30 (180 capsules per bottle)

	Amount per Serving	% DV
Vitamin A (100% as beta-carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	90 mg	150%
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Vitamin E (as d-alpha-tocopheryl succinate)	30 IU	100%
Vitamin K (K1 and K2 (MK7) Blend)	80 mcg	100%
Vitamin B1 (as thiamine HCl)	1.5 mg	100%
Vitamin B2 (as riboflavin)	1.7mg	100%
Vitamin B3 (as niacin)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	2 mg	100%
(6S)-5-MethylTetraHydroFolate (MTHF)*	999 mcg (Quatrefolic®)	135%
	539 mcg (Folate)	
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Biotin	1000 mcg	333%
Vitamin B5 (as pantothenic acid)	10 mg	100%
Calcium (as AlgaeCal®)	200 mg	20%
Iron (as ferrous fumarate)	18 mg	100%
Iodine (as amino acid chelate)	150 mcg	100%
Magnesium (as magnesium oxide)	320 mg	100%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as amino acid chelate)	70 mcg	100%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium (as ChromeMate®)	120 mcg	100%
Molybdenum (as sodium molybdate)	77 mcg	100%
Choline	425 mg	100%

Proprietary Blend 1145 mg ***

Passion Flower Extract, Vitex - Chaste Berry, KSM-66 Ashwagandha, Maca Root, Ginkgo Biloba Leaf Extract, Royal Jelly, Coenzyme Q10

*** Daily Values not established Daily Values based on a 2000 calorie diet

*Quatrefolic®, equivalent to 916 mcg Dietary Folate Equivalent (DFE at 1.7x)

†ChromeMate® is a patented oxygen-coordinated niacin-bound chromium complex.

Formulated and Distributed Exclusively by:
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