

Dosage: Take six (6) capsules daily. For best results, take three (3) capsules two (2) times daily after meal(s), or as directed by your health care provider. Drink with plenty of water.

Precaution: If reaction(s) occur, consult your physician. Do not purchase this product if seal is missing or broken. Consult your doctor before starting any dietary supplement regime. This product is a dietary supplement not a prescription drug. **Keep this product out of reach of children.** In case of accidental overdose, call a hospital or poison control center immediately. **Refrigerate after opening.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Quatrefolic® is a registered trademark of Gnosis SpA. U.S. Patent No. 7,947,662

AlgaeCal® is a registered trademark of AlgaeCal Distribution, Inc.

ChromeMate® is a registered trademark of InterHealth N.I.

Manufactured in a cGMP-compliant facility.



CHROMEMATE®



PLEASE RECYCLE



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COAST SCIENCE®



FERTILE ONE® PC 600

PRECONCEPTION FOR WOMEN



ENHANCE
EGG & EMBRYO
QUALITY*



INCREASE
MITOCHONDRIAL
FUNCTION*



SUPPORT
HEALTHY CELL
STRUCTURE*



PREVENT
VITAMIN
DEFICIENCY*

PROPRIETARY FORMULA:

COQ10 600MG • PYRROLOQUINOLINE QUINONE (PQQ)
D-CHIRO-INOSITOL • DHA/EPA • RESVERATROL



Quatrefolic®

EMOTHION™
S-ACETYL-L-Glutathione

DIETARY SUPPLEMENT - 180 CAPSULES - MADE IN THE USA

SUPPLEMENT FACTS

Serving Size: 6 Veggie Capsules

Servings Per Container: 30 (180 capsules per bottle)

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d alpha tocopheryl acid succinate)	60 IU	200%
Vitamin K (as K1 and K2 (MK7) Blend)	80 mcg	100%
Vitamin B1 (as thiamine HCl)	4.5 mg	300%
Vitamin B2 (as riboflavin)	5.1 mg	300%
Vitamin B3 (as niacin)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	24 mg	1200%
(6S)-5-MethylTetraHydroFolate (MTHF)*	999 mcg (Quatrefolic®)	135%
	539 mcg (Folate)	
Vitamin B12 (as cyanocobalamin)	60 mcg	1000%
Biotin	300 mcg	100%
Vitamin B5 (as pantothenic acid)	20 mg	200%
Calcium (as AlgaeCal®)	90 mg	9%
Iron (as ferrous fumarate)	18 mg	100%
Iodine (as amino acid chelate)	150 mcg	100%
Magnesium (as magnesium oxide)	320 mg	80%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as amino acid chelate)	140 mcg	200%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as manganese citrate)	2 mg	100%
Chromium* (as ChromeMate®)	120 mcg	100%
Molybdenum (as sodium molybdate)	77 mcg	100%
Coenzyme Q10	600 mg	***
Boron (as boron citrate)	500 mcg	***
Proprietary Blend	773 mg	***
DHA/EPA, Resveratrol, N-Acetyl Cystein, D-Chiro-Inositol, PQQ, S-Acetyl-Glutathione(Emothion™), Quercetin		

*** Daily Values not established % Daily Value is based on a 2000 calorie diet.

*Quatrefolic®, equivalent to 916 mcg Dietary Folate Equivalent (DFE at 1.7x)

*ChromeMate® is a patented oxygen-coordinated niacin-bound chromium complex.

OTHER INGREDIENTS: Vegetable Cellulose, Microcrystalline cellulose
CONTAINS: Soy, Fish (Salmon)

Formulated and Distributed Exclusively by:
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COAST SCIENCE®



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