

SUGGESTED USE

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



7 51063 15012 5



PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Mushroom & herb extracts are delivered in a convenient, easy-to-swallow capsule.

Discover our Guiding Truths at:



* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

gaia
HERBS

FOUNDATIONAL SUPPORT*

Whole Body Support

60 VEGAN CAPSULES
HERBAL SUPPLEMENT

gaia
HERBS

FORMERLY
REISHI+TURMERIC

FOUNDATIONAL SUPPORT*

Whole Body Support

MUSHROOMS & HERBS

Traditionally for staying active for the long-term*

With Reishi & Turmeric

60 VEGAN CAPSULES
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Blend 350 mg†
Organic Reishi fruiting body extract, Organic Shiitake (*Lentinus edodes*) fruiting body extract

Herbal Blend 80 mg†

Organic Turmeric (*Curcuma longa*) root extract, Organic Ginger (*Zingiber officinale*) root

† Daily Value not established.

Other ingredients: Vegan capsule (hypromellose).
Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712 gaiaherbs.com

[101] 0419

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Blend 350 mg†
Organic Reishi fruiting body extract, Organic Shiitake (*Lentinus edodes*) fruiting body extract

Herbal Blend 80 mg†

Organic Turmeric (*Curcuma longa*) root extract, Organic Ginger (*Zingiber officinale*) root

† Daily Value not established.

Other ingredients: Vegan capsule (hypromellose).
Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712

SUGGESTED USE

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

⚠ **WARNING:** Consuming this product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

[101] 0419



7 51063 15012 5



meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE



BEST BY: