**Dosage: 2 softgels daily.** For best results, take with meal(s), or as directed by your health care provider.

Coast Omega-3: Made from only the highest quality ingredients. EPA & DHA, two crucial omega-3 fatty acids essential in our diets, have been found to have many health benefits. This product helps to support the health of numerous body systems including: cardiovascular, neuromuscular and GI.

**Precaution:** If reaction(s) occur, consult your physician. Pregnant or nursing mothers, children under the age of 18, individuals with a known medical condition, have allergies, use blood thinners or are planning to have surgery should consult a physician before using this or any dietary supplement. This product is a dietary supplement not a prescription drug. **Keep this product out of reach of children.**Do not exceed recommended dose. In case of accidental overdose, call a hospital or poison control center immediately. Do not use if safety seal is damaged or missing. **Store in a cool, dry place.** 

•These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







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## **COAST OMEGA-3**







SUPPORT CARDIOVASCULAR HEALTH SUPPORT NEUROMUSCULAR HEALTH\*

SUPPORT GI HEALTH

## KEY COMPONENTS:

EPA 800 MG • DHA 600 MG

Natural Lemon Flavor • Heavy Metals Tested

DIFTARY SUPPLEMENT - 60 SOFTGELS - MADE IN THE USA

## SUPPLEMENT FACTS

Serving Size: 2 Softgels

Servings Per Container: 30 (60 Softgels per bottle)

	Amount per Serving	% Daily Value
Calories (energy)	20	
Calories from fat	20	
Total fat	2 g	3%
Omega-3 Fatty Acids	1500 mg	***
EPA (Eicosapentaenoic Acid)	800 mg	***
DHA (Docosahexaenoic Acid)	600 mg	***
Other Omega-3 Fatty Acids	100 mg	***

\*\*\* Daily Value (DV) not established.

% Daily Value (DV) based on a 2000 calorie diet.

**Ingredients:** Highly Refined Omega-3 Fish Oil (anchovies, mackerel, sardines), Capsule (gelatin, glycerin, purified water and natural lemon flavoring), and Antioxidant (mixed natural tocopherols (soy)).

This product is PCB tested and guaranteed to be within Prop 65 limits.



COAST SCIENCE

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