

VIGOR, formulated with proven ingredients such as creatine and betaine along with the cutting-edge, trademarked ingredient PeakO2™, is the ultimate natural strength formula.† Key ingredients in VIGOR have been shown to increase the anabolic response to resistance exercise, assist in the healthy formation of lean mass, and increase key measures of athletic performance.†

**WARNING:**

This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

**DIRECTIONS:**

Mix 1 scoops with 8-12 ounces of water and consume 1 scoop daily.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**ARMS RACE**  
**NUTRITION**

**VIGOR**

**ADVANCED CREATINE AND  
STRENGTH FORMULA**

**ANABOLIC  
POWER  
STRENGTH  
ENDURANCE**

**OLD SCHOOL DEDICATION.  
MODERN SCIENCE.**

**LEMON RUSH**

NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

**13.8 OZ**

(390 G)

**Supplement Facts**

Serving Size: 1 Scoop (13 g)

Servings Per Container: 30

|                                                                                                                                                                                                                                                         | Amount Per Serving | % DV |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Creatine Monohydrate                                                                                                                                                                                                                                    | 5000 mg            | **   |
| Betaine Anhydrous                                                                                                                                                                                                                                       | 2500 mg            | **   |
| PeakO2™ ( <i>Cordyceps militaris</i> (Cordyceps), <i>Ganoderma lucidum</i> (Reishi), <i>Pleurotus eryngii</i> (King Trumpet), <i>Lentinula edodes</i> (Shiitake), <i>Hericium erinaceus</i> (Lions Mane), and <i>Trametes versicolor</i> (Turkey Tail)) | 2000 mg            | **   |
| Coenzyme Q10                                                                                                                                                                                                                                            | 100 mg             | **   |
| Astragin® ( <i>Astragalus membranaceus</i> (root) and <i>Panax notoginseng</i> (root))                                                                                                                                                                  | 50 mg              | **   |

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

**OTHER INGREDIENTS:**

Natural and Artificial Flavor, Citric Acid, Malic Acid, Silicon Dioxide, Sucralose, Acesulfame Potassium.

Manufactured in a U.S. cGMP Facility.  
Distributed by: Arms Race Nutrition, LLC, Ashburn, Virginia 20147.  
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