

health.

Cultured Whole Food

Organic herbs and cultured whole-food vitamins & minerals work together to promote optimal health and condition-specific benefits – not just address nutrient deficiencies.*

Every Woman

Every Woman® is an organic whole-food multivitamin formulated specifically for the needs of active women.

Stress & Energy Support

Energizing herbs including organic maca and organic schizandra provide stress support and promote dynamic energy levels.*

Targeted Herbal Blends

Cultured, organic herbal blends provide energy & stress support and promote hormone, immune system, heart, and digestive health.*

Convenient

New two-a-day formula is easy-to-take, easy-to-digest, and can be taken anytime – even on an empty stomach!

NATURALLY GLUTEN FREE

NEW CHAPTER Organics®



NEW
EASY DOSE
FORMULA

every WOMAN®

Whole-Food

Multi Vitamin + Herbs + Minerals

Immune • Stress • Hormone Support*

72 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 Tablets Servings per container 36

Two tablets contain		%DV
Probiotic Nutrients**		
Vitamin A † (100% as beta-carotene)	5000 IU	100%
Vitamin C †	60 mg	100%
Vitamin D3 †	1000 IU	250%
Vitamin E †	30 IU	100%
Vitamin K1 †	70 mcg	88%
Vitamin K2 (MK-7) (from MenaQ7™ ‡)	10 mcg	12%
Thiamin-Vitamin B1 †	4 mg	267%
Riboflavin-Vitamin B2 †	5 mg	294%
Niacin †	20 mg	100%
Vitamin B6 †	5 mg	250%
Folate †	400 mcg	100%
Vitamin B12 †	30 mcg	500%
Biotin †	300 mcg	100%
Pantothenic Acid †	25 mg	250%
Calcium (from Algae ‡)	50 mg	5%
Iron †	9 mg	50%
Iodine †	75 mcg	50%
Magnesium † (70% cultured, 30% from Algae ‡)	10 mg	2%
Zinc †	7.5 mg	50%
Selenium †	100 mcg	143%
Copper †	750 mcg	38%
Manganese †	2 mg	100%
Chromium †	100 mcg	83%
Molybdenum †	10 mcg	13%

Mixed Carotenoids †	3 mg	•
Herbal Blends		
Stress/Energy Support Blend †	90 mg	•
[Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)]		
Hormone Support Blend †	90 mg	•
[Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)]		
Immune Support Blend †	60 mg	•
[Elderberry Extract (Sambucus nigra) (berry), Organic Eleuthero (root), Organic Astragalus (root)]		
Digestive Support Blend †	45 mg	•
[Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)]		
Cardio Support Blend †	30 mg	•
[Organic Fenugreek (seed), Organic Oregano (leaf), Grapeseed Extract (not cultured), Organic Hawthorn (berry and seed)]		
Herbal Extracts		
Turmeric (rhizome) 4.8 mg hydroethanolic extract and 1.2 mg organic supercritical extract	6 mg	•
Ginger (rhizome) 2.4 mg hydroethanolic extract and 0.6 mg organic supercritical extract	3 mg	•

• Daily Value not established † Lithothamnion: (L. alcareum and L. coraloides)
 † Nutrients and herbs are cultured in organic media that may contain: organic milled soy, Saccharomyces cerevisiae (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange and lemon peel – natural sources of bioflavonoids, organic carrot powder, organic alfalfa powder, Lactobacilli (L. acidophilus, L. bifidus, L. rhamnosus) and enzymes (deactivated).

Other ingredients: Organic gum acacia, silica, lac resin, and carnauba wax.
Contains: Fermented soy. Naturally gluten free. 100% vegetarian; no artificial flavors or colors.
Suggested use: Two tablets daily. Can be taken anytime, even on an empty stomach.

holistic.

New Chapter® Whole-Food Multivitamins:
More Than Food Supplements,
They're Supplemental Food.™

ORGANIC

Formulated with Organic Ingredients

PROBIOTIC

Cultured with Beneficial Live Probiotics

WHOLE

Bioavailable, Easy-to-Digest Food

Caution: As with any dietary or herbal supplement, you should advise your health care practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your health care practitioner prior to using this product.
WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by
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§ MenaQ7™ is a trademark of NattoPharma, Norway. International patents pending.

This package is made of 100% recycled paperboard (35% post-consumer content). It is processed chlorine-free (PCF) and uses vegetable oil-based inks.
 Please help protect our planet – recycle this bottle and box after use.

