

Recommended Dose: Adults: Take 2 capsules 2 times daily or as recommended by your health professional. **Children and Adolescents (9-18 years):** Take 3 capsules daily or as recommended by your health professional. **Children (6-8 years):** Take 1 capsule daily or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Some people may experience diarrhea at doses greater than 350 mg per day. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

v3 216-90U
Manufactured for
Seroyal USA
Pittsburgh, PA 15275
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GENESTRA
BRANDS®

Magnesium

Dietary Supplement

Supports cardiometabolic, neurocognitive and musculoskeletal health†

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings per Container 90

	Amount Per Serving	% DV
Magnesium (as magnesium citrate)	100 mg	24%
% Daily value (DV)		

Other Ingredients: Hypromellose, ascorbyl palmitate

