

PRODUCTION # 81487
NOT FOR RESALE

ONE GET ONE FREE • BUY ONE GET ONE FREE • BUY ONE GET ONE FREE • BUY ONE GET ONE FREE •

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate, Titanium Dioxide (color), Silica, Vegetable Glycerin, Vegetable Stearic Acid, Maltodextrin.

**RICH IN
ANTIOXIDANT
VITAMINS E & E**



Since 1947



**MULTIPLE VITAMINS
WITH CHELATED MINERALS
DIETARY SUPPLEMENT**

60 TABLETS

**SUITABLE FOR VEGANS
GLUTEN, WHEAT & DAIRY FREE**



Solgar's KOF-K certification #K-1250

**Prod 81487
SOLGB78128 03D
14-81487X3S**

**COMPLETELY MANUFACTURED BY:
SOLGAR, INC., 500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.**

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A2,250 mcg.....250%		Pantothenic Acid.....75 mg.....1,500%		Chromium.....25 mcg.....71%	
(from natural beta-carotene)		(as d-calcium pantothenate)		(as chromium nicotinate amino acid chelate†)	
Vitamin C250 mg.....278%		Choline.....31 mg.....6%		Molybdenum.....25 mcg.....56%	
(as niacinamide ascorbate, L-ascorbic acid)		(as choline bitartrate)		(as glycinate amino acid chelate†)	
Vitamin D10 mcg (400 IU)....50%		Calcium.....20 mg.....2%		Potassium.....1.8 mg.....<1%	
(as ergocalciferol)		(as calcium carbonate, amino acid chelate†)		(as potassium amino acid complex†)	
Vitamin E100 mg.....667%		Iron1.3 mg.....7%		Inositol.....75 mg.....*	
(as d-alpha tocopheryl succinate)		(as iron bisglycinate chelate††)		Rutin.....37.5 mg.....*	
Thiamin75 mg.....6,250%		Iodine (from kelp).....150 mcg.....100%		Citrus Bioflavonoid Complex.....25 mg.....*	
(as thiamin mononitrate)		Magnesium.....10 mg.....2%		Betaine HCl.....25 mg.....*	
Riboflavin75 mg.....5,769%		(as glycinate amino acid chelate†, magnesium oxide)		Hesperidin.....8.5 mg.....*	
Niacin75 mg.....469%		Zinc.....10 mg.....91%		Powdered Blend.....4 mg.....*	
(as niacinamide ascorbate)		(as glycinate amino acid chelate†, zinc oxide)		(Alfalfa [leaf and stem], Acerola Complex [fruit], Parsley [leaf and stem], Rose Hips [fruit], Watercress [leaf])	
Vitamin B6.....75 mg.....4,412%		Selenium.....25 mcg.....45%		Boron.....0.5 mg.....*	
(as pyridoxine HCl)		(as L-selenomethionine)		(as boron amino acid complex†)	
Folate666 mcg DFE.....167%		Copper.....1 mg.....111%		Carotenoid Mix.....86 mcg.....*	
(400 mcg folic acid)		(as glycinate amino acid chelate†)		(alpha and beta-carotene, lutein, zeaxanthin, cryptoxanthin)	
Vitamin B12.....75 mcg.....3,125%		Manganese.....1 mg.....43%			
(as cyanocobalamin)		(as glycinate amino acid chelate†)			
Biotin.....75 mcg.....250%					

*Daily Value (DV) not established

† Albion® is a registered trademark of Albion Laboratories.

Some iron supplements cause gastrointestinal irritation and constipating effects. This unique form of chelated iron (iron bisglycinate) is formulated for enhanced absorption and is gentle on your system. Albion® is a registered trademark of Albion Laboratories.

If you are pregnant, nursing, taking any medications, have any medical condition, planning any medical or surgical procedure, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if inner seal is missing or damaged.

For more information, call toll-free
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