

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**Keep out of reach of children.**

Due to the nature of these ingredients, color variation may occur.  
This package is sold by weight and not by volume.

Not for individual resale

www.healthydirections.com  
1-888-303-7061

Distributed by:  
Healthy Directions  
Bethesda, MD 20817



SKU: DGS 02 PT3000, 2020 R-1

Lot # and Exp. Date, see crimp at end of packet

LifeBiome

# gutsoothe™

## Digestive Relief Complex†



Delicious  
Apple Pear Ginger  
Flavor

Dissolves Easily  
in Water!

|                       |                          |
|-----------------------|--------------------------|
| Dietary<br>Supplement | NET. WT.<br>9 g (0.3 oz) |
|-----------------------|--------------------------|

**Doctor's Suggested Use:** Mix one stick pack into 8-10 fl. oz. of hot or cold water. More water may be added for your taste preference.

**Supplement Facts:** Serving Size: 1 Stick Pack (9 g) Servings Per Container: 1, Calories 10, Total Carbohydrates 4g (1%‡), Glutamine (from fermentation) 3 g\*, Prebiotic Xylooligosaccharide (PreticX®) 2.5 g\*, Deglycyrrhizinated Licorice Extract (*Glycyrrhiza glabra*, root) (GutGard®) 150 mg\*, Aloe Vera Extract (*Aloe barbadensis*, inner leaf gel) 100 mg\*, Ginger Extract (*Zingiber officinale*, rhizome) 50 mg\*

‡Percent Daily Values are  
based on a 2,000 calorie diet.

\*Daily Value not established.

Other Ingredients: Malic acid, natural flavor, organic tapioca maltodextrin, silica, stevia leaf extract