

## SUGGESTED USE

Adults take 1 capsule 2 times daily with meals.  
Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

\* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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## PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

## INTEGRITY - Keep it Real

See the proof at [meetyourherbs.com](http://meetyourherbs.com), the world's first herb traceability platform.

## POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

## Discover our Guiding Truths at:



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## FOUNDATIONAL SUPPORT\*

# Turmeric Supreme®

## HEART

60 VEGAN LIQUID PHYTO-CAPS®  
HERBAL SUPPLEMENT

(102b) 0320  
Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

## Supplement Facts

| Serving Size 1 Capsule                                                   | Servings Per Container 60 |               |
|--------------------------------------------------------------------------|---------------------------|---------------|
|                                                                          | Amount Per Serving        | % Daily Value |
| Total Carbohydrate                                                       | < 1 g                     | <1%*          |
| Turmeric root extract                                                    | 16 mg                     | †             |
| Curcumin                                                                 | 15 mg                     | †             |
| Japanese Knotweed root extract                                           | 30 mg                     | †             |
| Trans-Resveratrol                                                        | 15 mg                     | †             |
| Proprietary Extract Blend                                                | 398 mg                    | †             |
| Organic Turmeric root, Hawthorn berry, Coleus forskohlii root, Quercetin |                           |               |
| Black Pepper fruit supercritical extract                                 | 5 mg                      | †             |
| Organic Ginger root supercritical extract                                | 5 mg                      | †             |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Vegetable glycerin, water, sunflower lecithin and vegan capsule (hypromellose, chlorophyll).  
Each capsule contains 7,300 mg dry herb equivalent.



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit [gaiaherbs.com/sustainability](http://gaiaherbs.com/sustainability).

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NEW LOOK  
SAME FORMULA

## FOUNDATIONAL SUPPORT\*

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## HEART

Maintains heart health so you can keep enjoying your active lifestyle\*

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## Supplement Facts

| Serving Size 1 Capsule                                                                            | Servings Per Container 60 |               |
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|                                                                                                   | Amount Per Serving        | % Daily Value |
| Total Carbohydrate                                                                                | < 1 g                     | <1%*          |
| Turmeric ( <i>Curcuma longa</i> ) root extract                                                    | 16 mg                     | †             |
| Curcumin                                                                                          | 15 mg                     | †             |
| Japanese Knotweed ( <i>Polygonum cuspidatum</i> ) root extract                                    | 30 mg                     | †             |
| Trans-Resveratrol                                                                                 | 15 mg                     | †             |
| Proprietary Extract Blend                                                                         | 398 mg                    | †             |
| Organic Turmeric ( <i>Curcuma longa</i> ) root, Hawthorn berry, Coleus forskohlii root, Quercetin |                           |               |
| Black Pepper ( <i>Piper nigrum</i> ) fruit supercritical CO <sub>2</sub> extract                  | 5 mg                      | †             |
| Organic Ginger ( <i>Zingiber officinale</i> ) root supercritical CO <sub>2</sub> extract          | 5 mg                      | †             |

\* Percent Daily Values are based on a 2,000 calorie diet.  
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[meetyourherbs.com](http://meetyourherbs.com)

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at [meetyourherbs.com](http://meetyourherbs.com).

VEGAN  
GLUTEN-FREE  
SOY-FREE



BEST BY: