



DOCTOR'S choice™ multivitamin

45+ WOMEN

DAILY SUPPORT FOR:
BALANCED NUTRITION
IMMUNE SUPPORT*
CELLULAR ENERGY*

180 TABLETS

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Amount per Serving	% DV
Vanadium (as vanadyl sulfate) 60.6 mcg	**
Zeaxanthin (from Astaxanthin) 50 mcg	**
*Based on a 2,000 calorie diet. **Daily Value not established.	

Other ingredients: cellulosic, hypromellose, sodium croscarmellose, magnesium stearate, glycerin, stearic acid, silica

Warnings: Do not use if you are pregnant, nursing, or if you have known hypersensitivity to iodine or hyperthyroidism. If you have a blood clotting or bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use. Individuals with diabetes should monitor blood glucose levels closely while taking this product.

GLUTEN FREE. No yeast-derived ingredients, wheat, yeast, or artificial colors.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing.

*Trademark of its respective company.

◆ L00080.001 BLKBS

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(Previously Brand Enzymatic, LLC)
Green Bay, WI 54311 USA
Questions? 1-800-NATURE / naturasway.com

Amount per Serving	% DV
Cinnamon (Cinnamomum spp.) Bark Extract 200 mg	**
Ginger Rhizome Extract 60 mg	**
Protective Blend: sweet cherry fruit extract, grape seed extract, pomegranate fruit extract, Japanese knotweed root extract standardized to 50% resveratrol (2 mg)	**
Vegetable Blend: broccoli, cabbage, carrot, collard greens, radish, tomato, mustard greens, kale, spinach 33.3 mg	**
Inositol 20 mg	**
Betaine HCl 16.6 mg	**
Cranberry Fruit 16.6 mg	**
Bilberry Fruit Extract 6.6 mg	**
Boron (as boric acid and citric acid blend) 2 mg	**
Lutein (from Astaxanthin) Flower 1 mg	**
Silicon (as magnesium silicate) 666.6 mcg	**
Vanadium (as vanadyl sulfate) 60.6 mcg	**
Zeaxanthin (from Astaxanthin) Flower 50 mcg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
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Supplement Facts

Serving Size 4 Tablets / Servings per Container 45

Amount per Serving	% DV
Choline 5	10
Total Carbohydrate 2 g	1%†
Vanillin A (as 75% beta carotene and 1,000 mg zeaxanthin and 25% retinyl acetate) 1,000 mg	111%
Vanillin C (as potassium ascorbate) 200 mg	222%
Vanillin D3 (as cholecalciferol) 13.3 mcg	67%
Vanillin E (as alpha tocopheryl acetate) 26.8 mg	179%
Vanillin K (as phytonadione) 80 mcg	67%
Thiamin (vitamin B1) 40 mg	3,333%
Riboflavin (vitamin B2) 40 mg	3,077%
Niacin (as niacinamide and nicotinic acid) 60 mg	375%
Vanillin B6 (as pyridoxine HCl) 16.6 mg	97.6%
Folate 667 mcg DFE	16.7%
Vanillin B12 (as cyanocobalamin) 533.3 mcg	22,221%
Biotin 400 mcg	1,333%
Paranthenic Acid (as calcium D-panthothenate) 33.3 mg	666%
Choline (as choline bitartrate) 143.3 mg	26%
Calcium (as calcium carbonate) 533.3 mg	41%
Tricalcium phosphate, calcium citrate	

Amount per Serving	% DV
Sodium (as potassium iodide) 200 mcg	200%
Magnesium (as magnesium aspartate and magnesium oxide) 200 mg	48%
Zinc (as zinc gluconate) 10 mg	91%
Selenium (as L-selenomethionine) 133.3 mcg	242%
Copper (as copper gluconate) 1.3 mg	144%
Manganese (as manganese citrate) 1.3 mg	57%
Molybdenum (as sodium molybdate) 50 mcg	111%
Potassium (as potassium aspartate) 65 mg	**
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Doctor's Choice for 45+ Women
—Nutrition That Delivers—

In addition to providing a full range of essential vitamins and minerals, Doctor's Choice 45+ Women offers:

- Antioxidants Vitamin C, Vitamin E & Selenium
- Betaine HCl to support digestion*
- Vegetable Blend with broccoli, cabbage, carrot, and more

Each tablet also contains cranberry and whole-some ingredients like bilberry, lutein and zeaxanthin to comprise a comprehensive multivitamin that delivers:

- Immune support*
- Conversion of food into cellular energy*
- Balanced nutrition

It is the right choice for better living!

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