

6 90700 00175 0



Kava is prepared from the rhizome & roots of *Piper methysticum* plants which are naturally grown in the South Pacific islands of Vanuatu.

011

LIQUID HERBAL EXTRACT

# KAVA

*Piper methysticum*  
Rhizome & Root

Promotes Peaceful Relaxation  
Reduces Stress & Frustration\*



HERBAL SUPPLEMENT

4 fluid ounces (118.4 ml)

Kava Liquid Extract

Ingredients: certified organic grain alcohol (80-100%)  
& Kava extractives.

Dry herb / menstruum ratio: 1 : 1

## SUGGESTED USE

SHAKE WELL BEFORE USING

Two to five times per day

take 30 to 40 drops in a little water.

**Caution:** FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive, or operate machinery.

**Keep Out of the Reach of Children**

HERB PHARM • WILLIAMS, OR 97544  
800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO TREAT, CURE, PREVENT OR DIAGNOSE ANY DISEASE.

401980-1