

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



DOES NOT CONTAIN: citrus, MSG, wheat, gluten, corn, starch, sugar, soy, yeast, zein, sulfates, phosphates (other than coenzymes), preservatives, casein or other milk derivatives.

NO GMO's; NO toxic minerals or metals

Researched, uniquely formulated & exclusively distributed by:
PERQUE Integrative Health, Ashburn, VA 20147 USA
800-525-7372

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PERQUE
Regularity Guard™
Raw Prebiotic Fibers

Improves Digestion and
Removes Intestinal Toxins†

Dietary Supplement
16 oz./454 grams net weight



Full Disclosure Label (no hidden or inactive ingredients)

Directions: As a dietary supplement, take 7 grams (1 scoop) in water or juice, one (1) to five (5) times daily or as directed by your health professional.

SUPPLEMENT FACTS		
Serving size: 7 grams (1 scoop)		
Servings per container: 64		
Energized Nutrients	Amount per serving	% Daily Value
Selenium (as 100% l-selenomethionine)	125 mcg.	180
Gum acacia (standardized, wild-crafted gum arabic)	3.5 gm.	*
Glucomannan (freeze-dried)	2 gm.	*
Oat fiber (14% beta glucan; Oatwell 14®)	1 gm.	*
Dextran FOS (short-chain prebiotics)	500 mg.	*
Polyphenolic complex (Grape Seed Extract)	12.5 mg.	*
Phosphatides (includes phosphatidyl-choline, -ethanolamine, and -inositol)	36 mg.	*
*Daily value not established		

Other Ingredients: None