# SOUR GUMMIES

## SUPPLEMENT FACTS

Serving size: 1 scoop (17 g)
Servings per container: 30

| | Amount per serving | |
|---|---|---|
| **PUMP & PERFORMANCE:** | **1 scoop** | **2 scoops** |
| L-Citrulline (Fermented) | 4,000mg** | 8,000mg** |
| Creatine HCL | 1,250mg** | 2,500mg** |
| Betaine Anhydrous | 1,250mg** | 2,500mg** |
| Beta Alanine | 1,000mg** | 2,000mg** |
| Arginine Nitrate (as NO3-T®) | 1,000mg** | 2,000mg** |
| GlycerSize™ (65% Glycerol Powder) | 1,000mg** | 2,000mg** |
| Aquamin® Soluble (Trace minerals derived from Red Marine Algae) | 500mg** | 1,000mg** |
| **MENTAL DRIVE & FOCUS:** | | |
| Choline Bitartrate | 500mg** | 1,000mg** |
| L-Tyrosine | 500mg** | 1,000mg** |
| Alpha GPC 50% (L-Alpha Glycerylphosphorylcholine) | 300mg** | 600mg** |
| N-Acetyl L-Tyrosine | 250mg** | 500mg** |
| PurCaf™ Caffeine (from green coffee beans) | 137.5mg** | 275mg** |
| Theacrine 40% (as TeaCrine®) | 100mg** | 200mg** |
| Theobromine | 100mg** | 200mg** |
| AstraGin® (Astragalus membranaceus (root), Panax notoginseng (root) | 25mg** | 50mg** |
| Huperzine A 1% *(Huperzia serrata)* (leaf) | 50mcg** | 100mcg** |

* Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established

OTHER INGREDIENTS: Citric Acid, Silicon Dioxide, Calcium Silicate, Beet Root, Stevia Leaf, Natural Flavor, Monk Fruit Extract, Sucralose