

Move Free®. For what moves you.

We believe in delivering clinically proven benefits to keep people connected to what they love most.

Move Free® Ultra Joint Plus Strong Bone Support uses a unique formulation with Type-II Collagen, Vitamin K2 and Vitamin D3:



Clinically proven to deliver better joint comfort that improves over time.*,‡,1



Plus helps bind calcium to bones to support and maintain bones.*,2



Plus helps support calcium absorption.*

About our ingredients:

What is Type-II Collagen? The same protein found in healthy cartilage, Type-II Collagen works with uour immune system to help preserve and maintain

What is Vitamin K2? Vitamin K2 helps bind calcium to bones² and supports the building process for stronger bones.*

What is Vitamin D3? Vitamin D3 helps maintain healthy levels of Calcium and Magnesium, important minerals that support strong bones.*

Learn more at MoveFree.com

- **★THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD** AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.
- **‡ Undenatured Tupe-II Collagen**
- Based on a 180-day clinical study comparing 40mg Type-II Collagen to 1,500mg Glucosamine 6 1,200mg Chondroitin (Lugo et al, Nutrition Journal, 2016).
- 2. Activates osteocalcin to bring calcium to bones for stronger bones.

Tiny & easy-to-take pill:

Taking big pills every day can be a challenge. With Move Free® Ultra Joint Plus Strong Bone Support, you just need to take 1 tiny pill a day to support your joint health* instead of 2 large Glucosamine + Chondroitin tablets.





Move Free® is proud to support the Arthritis Foundation's efforts to conquer arthritis. For information, call 800-283-7800 or visit arthritis.org





1 TINY PILL A DAY

30 COATED TABLETS

DIETARY SUPPLEMENT

DIRECTIONS: Adults take one (1) tablet daily.

Supplement Facts Serving Size 1 Tablet		
	Amount Per Serving	% Daily Value
Vitamin D (as D3 cholecalciferol)	20 mcg (800 IU)	100%
Calcium (from calcium carbonate)	100 mg	8%
Proprietary Cartilage Blend (cartilage and potassium chloride) (providing undenatured type II collagen)	40 mg	†
Vitamin K2 (as Menaquinone-7)	180 mcg	†
†Daily Value not established.		

Other Ingredients: cellulose, stearic acid, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose, croscarmellose sodium, titanium dioxide, polyethylene glycol, magnesium silicate

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www.movefree.com

Not for use by pregnant or breastfeeding women. If you have existing medical conditions, taking medications (including blood thinners), or are planning a medical or surgical procedure contact a healthcare professional before use. Not suitable for anyone under 18 years of age.

KEEP OUT OF REACH OF CHILDREN.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing. Store in a cool, dry place with lid tightly closed.

Undenatured Type II Collagen is derived from poultry