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### Tiny & easy-to-take pill:

Taking big pills every day can be a challenge. With Move Free® Ultra Bone Strength Support\*, you just need to take 1 tiny pill a day instead of 2 large Glucosamine + Chondroitin tablets.

All tablets shown actual size



MOVE FREE® ULTRA  
Bone Strength Support\*

VS.



Glucosamine + Chondroitin

Proud Partner of the



Move Free® is proud to support the Arthritis Foundation's efforts to conquer arthritis. For information, call 800-283-7800 or visit [arthritis.org](http://arthritis.org)

VALUE PACK 64 DAY SUPPLY

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SINCE 1936

Move Free®  
JOINT HEALTH



ULTRA

Calcium Fructoborate + Vitamins K2 + D

CLINICALLY PROVEN  
FASTER JOINT COMFORT\*<sup>1,2</sup>

Bone Strength Support\* | Helps Support Calcium Absorption\*



1 TINY PILL A DAY

64 COATED TABLETS DIETARY SUPPLEMENT

**DIRECTIONS:** Adults (18 years and older) take one (1) tablet daily with food.

### Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin D (Vitamin D3 as cholecalciferol)	20 mcg (800 IU)	100%
Calcium	27 mg	2%
Calcium Fructoborate	216 mg	†
Vitamin K2 (as menaquinone-7)	180 mcg	†

†Daily Value not established.

**Other Ingredients:** dicalcium phosphate, microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, magnesium silicate, coating (hypromellose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium silicate, glycerin), magnesium stearate, silicon dioxide

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For information call:

1-800-526-6251

[www.movefree.com](http://www.movefree.com)

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KEEP OUT OF REACH OF CHILDREN.

Not for use by pregnant or breastfeeding women. If you have existing medical conditions, taking medications (including blood thinners), or are planning a medical or surgical procedure contact a healthcare professional before use. Not suitable for use by anyone under the age of 18 years old.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing.

Store in a cool, dry place with lid tightly closed.

### Move Free®. For what moves you.

We believe in delivering clinically proven benefits to keep people connected to what they love most:

Move Free® Ultra Bone Strength Support\* uses a unique formulation with Calcium Fructoborate + Vitamins K2 + D.



Clinically proven to deliver better joint comfort in as little as 7 days.\*<sup>1</sup>



Helps bind calcium to bones to support healthy bones.\*



Supports calcium absorption to help maintain strong bones.\*

About our ingredients:

**What is Calcium Fructoborate:** Calcium Fructoborate is a unique and clinically proven mineral complex originally discovered in plants that supports joint health. Calcium Fructoborate is also thought to help support healthy vitamin D levels, which are needed to help the body absorb calcium.\*

**What is Vitamin K2:** This is one of the most clinically studied forms of Vitamin K. Vitamin K2, as MK-7, has higher bioavailability and plays an important role in supporting strong bone mass and structure.\*

**What is Vitamin D:** Getting enough Vitamin D from food alone can be difficult. Vitamin D supports calcium absorption and is essential for the maintenance of healthy bone mineralization.\*

Learn more at [MoveFree.com](http://MoveFree.com)

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

† Calcium Fructoborate is clinically proven to deliver joint comfort in as little as 7 days.<sup>1</sup>

1. Based on data from two 14-day clinical research publications comparing Calcium Fructoborate to placebo with continued use [Pietrzakowski, Z., et al., Clin Interv Aging, 2014]; and Glucosamine & Chondroitin to placebo [Reyes-Izquierdo, T., et al., J Aging Res Clin Pract, 2014].

2. Based on a 90-day randomized placebo controlled clinical study measuring the effect of 216 mg of Calcium Fructoborate [Pietrzakowski, Z., et al., J Aging Res Clin Pract, 2018].