

SUGGESTED USE

Adults take 40-60 drops in a small amount of water 3-4 times daily between meals.

Shake well before use. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed at neck of bottle.

meetyourherbs.com

Purity and potency levels are ensured.



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gaia
HERBS

STRESS SUPPORT*

Melissa

SUPREME

Traditionally supports calmness
with Gaia-grown™ Skullcap & Oats*

4 FL OZ (118 mL) HERBAL SUPPLEMENT

**Supplement Facts**

Serving Size 60 Drops (2 mL)

Servings Per Container 59

Amount Per Serving

Proprietary Extract Blend 2 mL†

Organic Skullcap (*Scutellaria lateriflora*) aerial parts extract, Organic Oats (*Avena sativa*) milky seed extract, Organic Passionflower (*Passiflora incarnata*) flowering vine, Organic Chamomile (*Matricaria recutita*) flower, Organic Lemon Balm (*Melissa officinalis*) aerial parts, Organic Gotu Kola (*Centella asiatica*) leaf, Irish Moss (*Chondrus crispus*) fronds

† Daily Value not established.

Other ingredients: Vegetable glycerin and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive,
Brevard, NC 28712

400 mg/mL Herb Equivalency

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

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