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To assure optimal quality Ho Shou Wu roots, we directly purchase from China only roots that have been graded "1st Quality."

according to traditional Chinese methods.

We prepare our Ho Shou Wu Extract from the roots of *Polygonum multiflorum* plants which

have been cultivated, harvested & processed with Black Beans (*Phaseolus vulgaris*)

LIQUID HERBAL EXTRACT

HO SHOU WU

("Fo Ti")

Polygonum multiflorum



HERBAL SUPPLEMENT

1 fluid ounce (29.6 ml)

Ho Shou Wu Liquid Extract

Ingredients: distilled water, certified organic grain alcohol (38-48%) & Ho Shou Wu extractives.

Dry herb / menstruum ratio: 1 : 5

SUGGESTED USE

SHAKE WELL BEFORE USING

Two to four times per day
take 30 to 40 drops in a little water.

Keep Out of the Reach of Children

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