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PROMOTE OPTIMAL HEALTH FOR YOUR BODY AND MIND WITH VITAL NUTRIENTS

A 30-day supply of powerful vitamins, minerals and essential fatty acids in convenient A.M. and P.M. packets.

Supplement	Key	AM	PM
 MagSRT [®] 		2	2
 Activated B w/SRT [®]		1	0
 Pureway-C [®] + Lysine 		2	2
 Essential Blend Antioxidant		1	1
 Essential Blend Multi Mineral 		0	1
 Alaskan Cod Liver Oil		2	1
 Vitamin K2 + E Complex 		0	1
 CoQ10 w/SRT [®] 		1	1
 Curcumin Extract		1	1

MagSRT[®]

America's #1 Time-Release Magnesium. MagSRT[®] releases Albion's patented di-magnesium malate gently into your body over an extended period of time for super-absorption and to avoid the dreaded digestive discomfort experienced with other brands.*

Activated B w/SRT[®]

Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C[®] + Lysine

Clinically shown to outperform other leading forms of Vitamin C by offering better immune protection, better free radical scavenging, and better antioxidant support.*

Essential Blend Antioxidant

Contains vitamins A and E, plus super-potent pomegranate, açai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral

Replenishes vital minerals with highly absorbable, organic forms of selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and over 60 other trace minerals.*

Alaskan Cod Liver Oil

A comprehensive cod liver oil supplement with naturally occurring omega-3 fatty acids, PRMs (pro-resolving mediators), and naturally occurring Vitamin A and D, as found by nature.*

Vitamin K2 + E Complex

Includes MenaQ7[®] Vitamin K2, proven to deliver the most effective form of Vitamin K2, combined with a full-spectrum Vitamin E Complex. Helps your body build healthy bone tissue while maximizing calcium absorption and helps protect the aging brain.*

CoQ10 w/SRT[®]

CoQ10 w/SRT[®] utilizes MicroActive[®] CoQ10 and is clinically shown for superior bioavailability and universally enhanced absorption for all users in a 24-hour time release capsule.*

Curcumin Extract

Curcumin helps support healthy cellular maintenance and promotes immune system function. Our 95% curcuminoid compound dissolves in medium-chain triglycerides (MCTs) and extra-virgin olive oil to increase bioavailability and absorption.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product of the U.S.A. with select ingredients thoughtfully sourced from around the world.

A.M. Supplement Facts

30 servings per container

Serving Size – 1 A.M. Packet (2 MagSRT[®], 2 Alaskan Cod Liver Oil, 2 Pureway-C[®] + Lysine, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT[®], 1 Curcumin, 1 Activated B w/SRT[®])

	Amount Per Serving	% Daily Value*
Calories	27	†
Calories from Fat	22	†
Total Fat	2.1 g	3%
Saturated Fat	1 g	>1%
Trans Fat	0 g	†
Monounsaturated Fat	0 g	†
Polysaturated Fat	1.5 g	†
Vitamin A (Retinyl Palmitate and Naturally Occurring)	1,362 mcg (3,250 IU)	115%
Vitamin C (as Pureway-C®)	1,000 mg	1,111%
Vitamin D (100% Naturally Occurring)	2 mcg (80 IU)	10%
Vitamin E (as Natural D-Alpha Tocopherol)	34 mg	227%
Vitamin B1 (as Berberamine)	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)	25 mg	1,923%
Vitamin B3 (as Nicotinamide)	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	27.5 mg	1,615%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	300 mcg	75%
Vitamin B12 (as Methylcobalamin)	503 mcg	20,959%
D-Biotin (Vitamin H)	500 mcg	1,667%
Vitamin B5 (as Calcium D-Pantothenate)	125 mg	2,500%
Magnesium (as Dimagnesium Malate) Albion®	250 mg	60%
Choline (as VitaCholine® Choline Bitartrate)	60 mg	10%
Malic Acid (as Dimagnesium Malate)	718 mg	†
Alaska Cod Liver Oil	2,400 mg	†
Total Omega-3 Fatty Acids	500 mg	†
EPA (Eicosapentaenoic Acid)	200 mg	†
DHA (Docosahexaenoic Acid)	200 mg	†
DPA (Docosapentaenoic Acid)	20 mg	†
Total Pro-Resolving Mediators**	20 mcg	†
Coenzyme Q10 (60 mg CoQ10 as MicroActive® CoQ10 and 40 mg as CoQ10)	100 mg	†
Inositol	75 mg	†
Para-Aminobenzoic Acid (PABA)	15 mg	†
L-Lysine HCl	100 mg	†
Curcumin Extract (95% Curcuminoids)	250 mg	†
Grape Seed Extract	75 mg	†
Green Tea Leaf Extract	75 mg	†
Pomegranate Extract	75 mg	†
Alpha Liponic Acid	75 mg	†
Cranberry Juice Extract	50 mg	†
Açai Berry Extract 4:1	50 mg	†
Lycopene	2.5 mg	†
Lutein	1.5 mg	†

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established.

Other Ingredients: Gelatin, Purified Water, Microcrystalline Cellulose, Glycerin, Vegetable Capsules, Cellulose, Modified Cellulose, Extra Virgin Olive Oil, Medium Chain Triglycerides, D-Cyclodextrin, Brown Rice Flour, Croscarmellose Sodium, L-Leucine, Silicon Dioxide, Citrus Bioflavonoids, Stearic Acid, Magnesium Stearate, Fatty Acids, Clear Coating, Organic Na-Fluoride, Silica, Yellow Beeswax, Guar Gum, Xanthan Gum, Sunflower Lecithin, Turmeric Powder, Food Glaze, and Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the morning (A.M.). Or use as directed by your healthcare professional.

Please Note: Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood thinning medications. If you are currently being treated for kidney disease, please consult your healthcare professional before taking any magnesium supplements.

All colors listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.jigsawhealth.com.

Keep out of reach of children. Store in a cool dry place.

TRACAC[®] is a registered trade name of Albion Laboratories Inc. and covered by U.S. Patent No. 7,838,042; Dimagnesium malate is supplied by Albion[®] and covered by U.S. Patent No. 5,795,994; MenaQ7[®] is a registered trademark of NattoPharma ASA, Norway and covered by U.S. Patent No. 8,728,553 & 8,354,129 and Canada Patent No. 2,347,387; Quatrefolic[®] is a registered trade name of Ceva and covered by U.S. Patent No. 7,947,662.

Allergens: Contains Fish. Manufactured in a facility that also handles products with other known allergens.

†† Representative, naturally occurring, including 14 HDMA, 17 HDMA and 18 HDMA.



Jigsaw Ultimate

ESSENTIAL DAILY PACKETS

DIETARY SUPPLEMENT



AM

PM

60 SUPPLEMENT PACKETS

P.M. Supplement Facts

30 servings per container

Serving Size – 1 P.M. Packet (2 MagSRT[®], Alaskan Cod Liver Oil, 2 Pureway-C[®] + Lysine, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT[®], 1 Curcumin, 1 Vitamin K2 + E Complex, and 1 Essential Blend Multi Mineral)

	Amount Per Serving	% Daily Value*
Calories	18	†
Calories from Fat	14	†
Total Fat	1.5 g	3%
Saturated Fat	.3 g	2%
Trans Fat	0 g	†
Monounsaturated Fat	4 g	†
Polysaturated Fat	.8 g	†
Vitamin A (Retinyl Palmitate and Naturally Occurring)	532 mcg (1,375 IU)	89%
Vitamin C (as Pureway-C®)	1,000 mg	1,111%
Vitamin D (100% Naturally Occurring)	1 mcg (40 IU)	5%
Vitamin E (as Natural D-Alpha Tocopherol and Tocopheryl Succinate)	164 mg	1,093%
Vitamin K2 (as MenaQ7®)	50 mcg	42%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.5 mg	147%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	3 mcg	125%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Dimagnesium Malate) Albion®	250 mg	60%
Zinc (as Zinc Bisglycinate Chelate) TRACAC®	15 mg	136%
Selenium (as L-Selenomethionine Pentapeptide**)	400 mcg	727%
Copper (as Copper Bisglycinate Chelate) TRACAC®	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate) TRACAC®	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate) TRACAC®	400 mcg	1,143%
Molybdenum (as Molybdenum Glycinate Chelate) TRACAC®	150 mcg	333%
Malic Acid (as Dimagnesium Malate)	718 mg	†
Mixed Tocopherols	94 mg	†
D-beta Tocopherol	900 mcg	†
D-gamma Tocopherol	75 mcg	†
D-delta Tocopherol	18 mcg	†
Tocothrienol Complex	90 mcg	†
D-alpha Tocopherol	5 mcg	†
D-beta Tocopherol	600 mcg	†
D-gamma Tocopherol	9 mcg	†
D-delta Tocopherol	2.4 mcg	†
Alaska Cod Liver Oil	1,200 mg	†
Total Omega-3 Fatty Acids	250 mg	†
EPA (Eicosapentaenoic Acid)	100 mg	†
DHA (Docosahexaenoic Acid)	100 mg	†
DPA (Docosapentaenoic Acid)	10 mg	†
Total Pro-Resolving Mediators**	10 mcg	†
Coenzyme Q10 (60 mg CoQ10 as MicroActive® CoQ10 and 40 mg as CoQ10)	100 mg	†
L-Lysine HCl	100 mg	†
Curcumin Extract (95% Curcuminoids)	250 mg	†
Grape Seed Extract	75 mg	†
Green Tea Leaf Extract	75 mg	†
Pomegranate Extract	75 mg	†
Alpha Liponic Acid	75 mg	†
Cranberry Juice Extract	50 mg	†
Açai Berry Extract 4:1	50 mg	†
Lycopene	2.5 mg	†
Lutein	1.5 mg	†
Trace Mineral Blend	5 mg	†

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established.

Other Ingredients: Gelatin, Purified Water, Vegetable Capsules, Microcrystalline Cellulose, Glycerin, Cellulose, Extra Virgin Olive Oil, Medium Chain Triglycerides, Modified Cellulose, D-Cyclodextrin, White Rice Flour, Palm Tocopherol, Brown Rice Flour, Magnesium Stearate, Citrus Bioflavonoids, Fatty Acids, Croscarmellose Sodium, L-Leucine, Silicon Dioxide, Clear Coating, Organic Na-Fluoride, Silica, Yellow Beeswax, Sunflower Lecithin, Turmeric Powder, and Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the evening (P.M.). Or use as directed by your healthcare professional.



Jigsaw Ultimate

ESSENTIAL DAILY PACKETS



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