

Suggested use:

We recommend mixing two scoops in δ -10 oz. of water. You can also mix it with your favorite cold liquid — it's tasty blended with your favorite milk, nut milk, or smoothie ingredients (we love it with fruit). For a lighter snack, mix one scoop with about 4 oz. of liquid, and for a more filling drink or meal you can mix three scoops in 12 oz. of liquid.

NO EGGS, PEANUTS, FISH, SHELLFISH, TREE NUTS, SOY, WHEAT ALLERGENS

Store product in a cool and dry place. Protect from moisture. Do not use if inner seal is torn or broken. Powder sold by weight, not by volume. Some settling may occur.

Keep out of reach of children.

NON GMO

Non-GMO



Gluten Free



Vegetarian



Natural Flavors

C/O

Whey Protein



flavor with other natural flavors

rotein powder I Net Wt 0 925 lb (14 8 oz)

Nutrition Facts

15 servings per container
Serving Size 2 scoops (28g)

Amount Per Serving

Calories

100

% Dai	ily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 6g	2%
Dietary Fiber <1g	2%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 18g	36%
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 100mg	2%
Magnesium 17mg	4%

*The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice