

Promote optimal health for your body and mind with vital nutrients.*

A 30-day supply of powerful vitamins, minerals and essential fatty acids in convenient A.M. and P.M. packets.*

SUPPLEMENT	KEY	AM	PM
 MagSRT®		2	2
 Activated B w/SRT®		1	0
 Pureway-C® Plus™		2	2
 Essential Blend Antioxidant		1	1
 Essential Blend Multi-Mineral		0	1
 Alaskan Cod Liver Oil		2	1
 Vitamin K2 + E Complex		0	1
 CoQ10 w/SRT®		1	1
 Curcumin C3 Complex®		1	1

MagSRT®

America's #1 Time-Release Magnesium. MagSRT® releases Albion's patented di-magnesium malate gently into your body over an extended period of time for super-absorption and to avoid the dreaded digestive discomfort experienced with other brands.*

Activated B w/SRT®

Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C® Plus™

Clinically shown to outperform other leading forms of Vitamin C by absorbing more rapidly to enhance and support immune function and heart health. This formula includes Quercetin®, a clinically tested bioflavonoid, that further promotes immune, heart, and endothelial (skin) health, and includes Lysine, an essential amino acid.*

Essential Blend Antioxidant

Contains vitamins A, E, and plus super-potent pomegranate, açai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral

Replenishes vital minerals with highly absorbable forms of selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and over 60 other trace minerals.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Alaskan Cod Liver Oil

A comprehensive cod liver oil supplement with naturally occurring omega-3 fatty acids, PRMs (pro-resolving mediators), and naturally occurring Vitamin A and D, as formed by nature.*

Vitamin K2 + E Complex

Includes MenaQ7® Vitamin K2, proven to deliver the most effective form of Vitamin K2, combined with a full-spectrum Vitamin E Complex. Helps your body build healthy bone tissue while maximizing calcium absorption and helps protect the aging brain.*

CoQ10 w/SRT®

Includes MenaQ7® utilizes MicroActive® CoQ10 and is clinically shown to support bioavailability and universally enhanced absorption for all users in a 24-hour time release capsule.*

Curcumin C3 Complex®

Curcumin C3 Complex® has been clinically tested in over 45 studies published in peer-reviewed journals. This unique formula utilizes the three most effective, research-based curcuminoids, which neutralize the damaging effects of free radicals in your body to promote healthy aging and support brain, heart, immune, and joint health.*

 **Product of the U.S.A.**, with select ingredients thoughtfully curated from around the world.

Should not be used if tamper evident seal is broken. Keep out of reach of children. Store in a cool dry place.

AM Supplement Facts

30 servings per container

Serving Size - 1 AM Packet (2 MagSRT®, 2 Alaskan Cod Liver Oil, 2 Pureway-C® Plus™, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT®, 1 Curcumin C3 Complex®, 1 Activated B w/SRT®)

	Amount Per Serving	%DV**
Calories	27	
Total Fat	2.7 g	3.5%
Saturated Fat	.3 g	1.5%
Trans Fat	0 g	—
Cholesterol	15 mg	5%
Vitamin A (Retinyl Palmitate and Naturally Occurring)	1,200 mcg	133%
Vitamin C (as Pureway-C® Granular Powder)	1,000 mg	1,111%
Vitamin D (100% Naturally Occurring)	4 mcg	20%
Vitamin E (D-Alpha Tocopheryl Succinate)	34 mg	227%
Vitamin B1 (as Benfotiamine)	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)	25 mg	1,923%
Vitamin B3 (as Niacinamide)	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	27.5 mg	1,618%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	300 mcg	75%
Vitamin B12 (as Methylcobalamin)	253 mcg	10,542%
D-Biotin (Vitamin H)	500 mcg	1,667%
Vitamin B9 (as Calcium D-Pantothenate)	125 mg	2,500%
Magnesium (as Dimagnesium Malate) Albion®	250 mg	60%
Choline (as VitaCholine® Choline Bitartrate)	60 mg	11%
Malic Acid (as Dimagnesium Malate)	718 mg	†
Total Omega-3 Fatty Acids:	600 mg	†
— EPA (Eicosapentaenoic Acid)	280 mg	†
— DHA (Docosahexaenoic Acid)	200 mg	†
DPA (Docosapentaenoic Acid)	40 mg	†
Total Pro-Resolving Mediators ††	117 mcg	†
Coenzyme Q10 (60 mg CoQ10 as MicroActive® CoQ10 and 40 mg as CoQ10)	100 mg	†
Inositol	75 mg	†
Pan-Aminobenzoic Acid (PABA)	15 mg	†
Lysine (from Lysine Monohydrochloride)	100 mg	†
Quercetin Phospholipid (NLT 40% Quercetin) (Sophora japonica)	15 mg	†
Curcumin C3 Complex® (NLT 95% Total Curcuminoids) (Curcuma longa) (Rhizomes)	500 mg	†
Grape Seed Extract	75 mg	†
Green Tea Leaf Extract	75 mg	†
Pomegranate Extract	75 mg	†
Alpha Lipoic Acid	75 mg	†
Cranberry Extract	50 mg	†
Açai Berry Extract 4:1	50 mg	†
Lycopene	2.5 mg	†
Lutein	1.5 mg	†

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. *2,000 calories a day is used for general nutrition advice.

† Daily value not established.

Other Ingredients: Vegetable Capsule, Gelatin, Microcrystalline Cellulose, Cellulose, Glycerin, Modified Cellulose, Purified Water, β-Cyclodextrin, Brown Rice Flour, Croscarmellose Sodium, Citrus Bioflavonoids, Fatty Acids, Magnesium Stearate, L-Leucine, Silicon Dioxide, Stearic Acid, Clear Coating, Organic Nu-Flow®, Silica, Guar Gum, Xanthan Gum, Organic Nu-Mag, Lecithin, Maltodextrin, Tocopherols, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the morning (A.M.). Or use as directed by your healthcare professional.

Please Note: Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood-thinning medications. If you are currently being treated for kidney disease, please consult your healthcare provider before taking any magnesium supplements. **All values listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.jigsawhealth.com**

Keep out of reach of children. Store in a cool dry place.

Albion®, TRAACS® and the Albion Gold Medalist design are registered trademarks of Albion Laboratories, Inc. U.S. Patent 7,838,042; Dimagnesium Malate is a registered trademark of Albion Laboratories, Inc. U.S. Patent 6,726,824; MenaQ7® is a registered trademark of MenaQ7® ASA, Norway and covered by U.S. Patent No. 8,728,593 & 8,354,129 and Canada Patent No. 2,347,387; Quatrefolic® is a registered trade name of Glaxo and covered by U.S. Patent No. 7,847,682; Quercetin® is a trademark of Indena S.p.A. Italy; MicroActive® is a registered trademark of Bioactives, LLC; VitaCholine® is a registered trademark of Balmchem Corporation.

Allergens: Contains Fish. Manufactured in a facility that also handles products with other known allergens.

** Representative, naturally occurring, including 14-HDA, 17-HDA and 18-HEPE.

 **Jigsaw HEALTH**
It's fun to feel good.

Jigsaw Ultimate®

ESSENTIAL DAILY PACKETS



PLEASE TEAR OPEN HERE

60 NUTRITIONAL SUPPLEMENT PACKETS

PM Supplement Facts

30 servings per container

Serving Size - 1 PM Packet (2 MagSRT®, 1 Alaskan Cod Liver Oil, 2 Pureway-C® Plus™, 1 Essential Blend Antioxidant, 1 CoQ10 w/SRT®, 1 Curcumin C3 Complex®, 1 Vitamin K2 + E Complex, and 1 Essential Blend Multi-Mineral)

	Amount Per Serving	%DV**
Calories	18	
Total Fat	1.5 g	3%
Saturated Fat	.3 g	2%
Trans Fat	0 g	—
Cholesterol	5 mg	2%
Vitamin A (Retinyl Palmitate and Naturally Occurring)	940 mcg	104%
Vitamin C (as Pureway-C® Granular Powder)	1,000 mg	1,111%
Vitamin D (100% Naturally Occurring)	2 mcg	10%
Vitamin E (D-Alpha Tocopheryl Succinate)	164 mg	1,093%
Vitamin K2 (as MenaQ7®)	50 mcg	42%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.5 mg	147%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	100 mcg	25%
Vitamin B12 (as Methylcobalamin)	3 mcg	125%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Dimagnesium Malate) Albion®	250 mg	60%
Zinc (as Zinc Bisglycinate Chelate) TRAACS®	15 mg	136%
Selenium (from Selenium Glycinate Complex)	400 mcg	727%
Copper (as Copper Bisglycinate Chelate) TRAACS®	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate) TRAACS®	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate) TRAACS®	400 mcg	1,143%
Molybdenum (as Molybdenum Glycinate Chelate) TRAACS®	150 mcg	333%
Malic Acid (as Dimagnesium Malate)	718 mg	†
Mixed Tocopherols	94 mg	†
D-beta Tocopherol	900 mcg	†
D-gamma Tocopherol	75 mg	†
D-delta Tocopherol	18 mg	†
Tocotrienol Complex	90 mg	†
D-alpha Tocotrienol	5 mg	†
D-beta Tocotrienol	600 mcg	†
D-gamma Tocotrienol	9 mg	†
D-delta Tocotrienol	2.4 mg	†
Total Omega-3 Fatty Acids:	300 mg	†
— EPA (Eicosapentaenoic Acid)	140 mg	†
— DHA (Docosahexaenoic Acid)	100 mg	†
DPA (Docosapentaenoic Acid)	20 mg	†
Total Pro-Resolving Mediators ††	58 mcg	†
Coenzyme Q10 (60 mg CoQ10 as MicroActive® CoQ10 and 40 mg as CoQ10)	100 mg	†
Lysine (from Lysine Monohydrochloride)	100 mg	†
Quercetin Phospholipid (NLT 40% Quercetin) (Sophora japonica)	15 mg	†
Curcumin C3 Complex® (NLT 95% Total Curcuminoids) (Curcuma longa) (Rhizomes)	500 mg	†
Grape Seed Extract	75 mg	†
Green Tea Leaf Extract	75 mg	†
Pomegranate Extract	75 mg	†
Alpha Lipoic Acid	75 mg	†
Cranberry Extract	50 mg	†
Açai Berry Extract 4:1	50 mg	†
Lycopene	2.5 mg	†
Lutein	1.5 mg	†
ConcenTrace® MCC	5 mg	†

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. *2,000 calories a day is used for general nutrition advice.

† Daily value not established.

Other Ingredients: Vegetable Capsule, Gelatin, Microcrystalline Cellulose, Cellulose, Purified Water, Glycerin, Modified Cellulose, β-Cyclodextrin, Brown Rice Flour, White Rice Flour, Palmitic Acid, Magnesium Stearate, Citrus Bioflavonoids, Fatty Acids, Croscarmellose Sodium, L-Leucine, Silicon Dioxide, Clear Coating, Organic Nu-Flow®, Silica, Organic Nu-Mag, Lecithin, Maltodextrin, Tocopherols, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet in the afternoon (P.M.). Or use as directed by your healthcare professional.



Jigsaw Ultimate®
ESSENTIAL DAILY PACKETS

Made with love by:
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