Extract (Monk Fruit). Contains: Milk



Suggested use:

We recommend mixing two scoops in 8-10 oz. of water. You can also mix it with your favorite cold liquid — it's tasty blended with your favorite milk, nut milk, or smoothie ingredients (we love it with peanut butter). For a lighter snack, mix one scoop with about 4 oz. of liquid, and for a more filling drink or meal you can mix three scoops in 12 oz. of liquid.

NO EGGS, PEANUTS, FISH, SHELLFISH, TREE NUTS, SOY, WHEAT ALLERGENS

Store product in a cool and dry place. Protect from moisture. Do not use if inner seal is torn or broken. Powder sold by weight, not by volume. Some settling may occur.

Keep out of reach of children.

C/O

Whey Protein



Nutrition Facts

15 servings per container Serving Size 2 Scoops (30g)

Amount Per Serving

Calories

100

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 4g Added S	ugars 8%
Protein 18g	36%
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1mg	6%
Potassium 200mg	4%
Magnesium 34mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice