



Made with love by:
Jigsaw Health, LLC.
9035 E. Pima Cir Pkwy #4
Scottsdale, AZ 85258



Label Revision #15

Need more? Call 1-888-352-5050 or visit JigsawHealth.com

It's fun to feel good.

Essential Blend Multi-Mineral is uniquely formulated to replenish incredibly vital minerals that are no longer found in food that has been grown in mineral-depleted soils.*



TRAACS® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. U.S. Patent 7,838,042.



Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Should not be used if tamper evident seal is broken. Keep out of reach of children. Store in a cool dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



It's fun to feel good.

ESSENTIAL BLEND

Multi-Mineral

Provides essential minerals for the maintenance of bodily systems.*

90 CAPSULES | NUTRITIONAL SUPPLEMENT

Supplement Facts

90 servings per container

Serving Size

1 capsule

	Amount per serving	%DV**
Iodine (from potassium iodide)	150 mcg	100%
Zinc (from zinc bisglycinate chelate) TRAACS®	15 mg	136%
Selenium (from selenium glycinate complex)	400 mcg	727%
Copper (from copper bisglycinate chelate) TRAACS®	2 mg	222%
Manganese (from manganese bisglycinate chelate) TRAACS®	2 mg	87%
Chromium (from chromium nicotinate glycinate chelate) TRAACS®	400 mcg	1,143%
Molybdenum (from molybdenum glycinate chelate) TRAACS®	150 mcg	333%
ConcenTrace® MCC	5 mg	†

**The % Daily Value (DV) is based on a 2,000 calorie diet.

†Daily Value not established

Other Ingredients: White Rice Flour (for bulk), Vegetarian Capsule (as hypromellose), Magnesium Stearate and Silicon Dioxide (Synergistic anti-caking agents), Maltodextrin (derived from corn, as carrier).

Suggested Use: As a nutritional supplement, take 1 capsule daily with food. Or use as directed by your healthcare professional.