

Need more? Call 1-888-352-5050 or visit JigsawHealth.com

Promote optimal health for your body and mind with vital nutrients.*

A 30-day supply of powerful vitamins, minerals and essential fatty acids in one convenient daily packet.*

MagSRT®

America's #1 Time-Release Magnesium and the only time-release magnesium supplement with a peer-reviewed clinical trial. MagSRT® releases Albion® patented dimagnesium malate gently into your body over 8 hours to avoid the dreaded digestive discomfort experienced with ordinary magnesium supplements.*

Activated B w/SRT®

Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C® Plus™

Clinically shown to outperform other leading forms of Vitamin C by absorbing more rapidly to enhance and support immune function and heart health. This formula includes Quercetin™, a clinically tested bioflavonoid, that further promotes immune, heart, and endothelial (skin) health, and includes Lysine, an essential amino acid.*

Essential Blend Antioxidant

Contains vitamins A and E, plus pomegranate, açai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral

Replenishes vital minerals with selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and many other trace minerals.*

Alaskan Cod Liver Oil

A comprehensive cod liver oil supplement with naturally occurring omega-3 fatty acids, PRMs (pro-resolving mediators), and naturally occurring Vitamin A and D, as formed by nature.*

Curcumin C3 Complex®

Curcumin C3 Complex® has been clinically tested in over 45 studies published in peer-reviewed journals. This unique formula utilizes the three most effective, research-based curcuminoids, which neutralize the damaging effects of free radicals in your body to promote healthy aging and support brain, heart, immune, and joint health.*

Other Ingredients: Vegetable Capsule, Fish Gelatin (collagen, fish), Microcrystalline Cellulose, Modified Cellulose, Purified Water, Glycerin, Brown Rice Flour, Croscarmellose Sodium, White Rice Flour, Magnesium Stearate, L-Leucine, Citrus Bioflavonoids, Fatty Acids, Silicon Dioxide, Clear Coating, Stearic Acid, Organic Nu-Flow, Silica, Guar Gum, Xanthan Gum, Organic Nu-Mag, Lecithin, Malto-dextrin, Tocopherols, Micro Wax.

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA and 18-HEPE.

Suggested Use: To replenish essential nutrients, take with food, one packet daily. Or use as directed by your healthcare professional.

Supplement Facts		
30 servings per container		
Serving Size – 1 Packet		
Amount per serving		%DV**
Calories		30
Total Fat	3 g	4%
Saturated Fat	.5 g	3%
Cholesterol	15 g	5%
Protein	1 g	
Vitamin A (Retinyl Palmitate and Naturally Occurring)†	1,065 mcg	118%
Vitamin C (as Pureway-C®)†	1,000 mg	1,111%
Vitamin D (100% naturally occurring)†	2.26 mcg	10%
Vitamin E (as D-Alpha Tocopherol Succinate)†	34 mg	227%
Vitamin B1 (as Benfotiamine)†	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)†	25 mg	1,923%
Vitamin B3 (as Nicotinamide)†	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)†	20.8 mg	1,694%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)†	350 mcg	88%
Vitamin B12 (as Methylcobalamin)†	254.5 mcg	10,604%
D-Biotin (Vitamin H)†	500 mcg	1,667%
Vitamin B5 (as Calcium D-Pantothenate)†	125 mg	2,500%
Iodine (as Potassium Iodide)†	150 mcg	100%
Magnesium (as Dimagnesium Malate)† Albion®	375 mg	89%
Zinc (as Zinc Bisglycinate Chelate)† TRAACS®	15 mg	136%
Selenium (from Selenium Glycinate Complex)†	400 mcg	727%
Copper (as Copper Bisglycinate Chelate)† TRAACS®	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate)† TRAACS®	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate)† TRAACS®	400 mcg	1,143%
Molybdenum (as Molybdenum Glycinate Chelate)† TRAACS®	150 mcg	333%
Choline (as VitaCholine® Choline Bitartrate)†	60 mg	11%
Inositol†	75mg	†
Para-Aminobenzoic Acid (PABA)†	15mg	†
L-Lysine (as Hydrochloride)†	100mg	†
Quercetin Phytosome (from Sophora japonica L.) and lecithin (as Quercetin™) (NLT 34% Quercetin)†	15mg	†
Malic Acid (as Dimagnesium Malate)†	1,077 mg	†
Alaskan Cod Liver Oil†	2,400 mg	†
Total Omega-3 Fatty Acids†	500 mg	†
EPA (Eicosapentaenoic Acid)†	200 mg	†
DHA (Docosahexaenoic Acid)†	200 mg	†
DPA (Docosapentaenoic Acid)†	20 mg	†
Total Pro-Resolving Mediators††	20 mcg	†
Curcumin C3 Complex® (NLT 96% Total Curcuminoids) (Curcuma longa) (Rhizomes)†	500 mg	†
Grape Seed Extract†	75 mg	†
Green Tea Leaf Extract†	75 mg	†
Pomegranate Extract†	75 mg	†
Alpha Lipoic Acid†	75 mg	†
Cranberry Juice Extract†	50 mg	†
Açai Berry Extract 4:1†	50 mg	†
Lycopene†	2.5 mg	†
Lutein†	1.5 mg	†
Concentrac® MCC†	5 mg	†

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
† Daily Value not established.

Jigsaw
HEALTH
It's fun to feel good.

Jigsaw Basic™

ESSENTIAL DAILY PACKETS



PLEASE TEAR
OPEN HERE

30 NUTRITIONAL SUPPLEMENT PACKETS

Please Note: If you are currently being treated for kidney disease, please consult your healthcare professional before taking any magnesium supplements.

All values listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.JigsawHealth.com.

Keep out of reach of children. Store in a cool, dry place.

Albion®, TRAACS® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. U.S. Patent 6,706,904; Quatrefolic® is a registered trade name of Gnosis and covered by U.S. Patent No. 7,947,662. Quercetin™ is a trademark of Indena S.p.A., Italy.

Curcumin C3 Complex® is a registered trademark of Sabinsa and covered under U.S. Patent 5,861,415 & EP0839037.

Allergens: Contains fish. Manufactured in a facility that also handles products with other known allergens.

Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Jigsaw
HEALTH
It's fun to feel good.

Supplement	Key	Qty
MagSRT®		3
Activated B w/SRT®		1
Pureway-C® Plus™		2
Essential Blend Antioxidant		1
Essential Blend Multi Mineral		1
Alaskan Cod Liver Oil		2
Curcumin C3 Complex®		1



Label Version #5

Jigsaw Basic™
ESSENTIAL DAILY PACKETS



Made with love by:

Jigsaw Health, LLC • 9035 E Pima Center Pkwy #4 • Scottsdale, AZ 85258
1-888-352-5050 • www.JigsawHealth.com