

USE SUGGESTED

Adults take 1-2 capsules 1 hour before bed.

Not for use during pregnancy, lactation or under age 18. If you have a medical condition or take medications, please consult with your doctor before use. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality. Contains <0.3% THC.

KEEP AWAY FROM CHILDREN.



Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Our Hemp & Herbs formulas are encapsulated in patented Liquid Phyto-Caps®, using Gaia Herbs' patent-pending technology to protect cannabinoid stability and ensure bioavailability.

Discover our Guiding Truths at:



gaiaherbs.com
@gaiaherbs

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

gaia
HERBS

Hemp & Herbs

SLEEP

20 mg cannabinoids per serving

30 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

gaia
HERBS

SLEEP SUPPORT*

Hemp & Herbs

SLEEP

With Hops, California Poppy & other herbs traditionally for supporting a good night's rest*

20 mg cannabinoids per serving

30 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

1011119
Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Organic Hemp flower extract	206 mg	†
Cannabinoids	20 mg	†
Proprietary Extract Blend	600 mg	†
Organic Oats milky seed extract, Organic California Poppy whole plant, Organic Vervain aerial parts		
Hops strobile supercritical CO ₂ extract	200 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, vegan capsule (hypromellose, chlorophyll) and water.

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Organic Oats (<i>Avena sativa</i>) milky seed extract, Organic California Poppy (<i>Eschscholzia californica</i>) whole plant, Organic Vervain aerial parts		
Hops (<i>Humulus lupulus</i>) strobile supercritical CO ₂ extract	200 mg	†

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This paper is made from 100% recycled cardboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

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SOCIAL IMPACT

Through the Gaia Herbs Roots Initiative, 5% of our Hemp profits are donated to programs that empower USA farmers. Learn more at gaiaherbs.com/roots.

MEET YOUR HERBS

Gaia Herbs delivers traceability by screening every product and sharing the results online. Learn more about your herbs by scanning the code below, or entering the unique ID # below at meetyourherbs.com.



BEST BY: