ENTER ID# at meetyourherbs.com

SUGGESTED USE

Adults take 1-2 capsules 1 hour before bed.

Not for use during pregnancy, lactation or under age 18. If you have a medical condition or take medications, please consult with your doctor before use. Use only as directed on label. Safety-sealed for your protection Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality, Contains < 0.3% THC. KEEP AWAY FROM CHILDREN.



Hemp & Herbs SLEEP

20 mg cannabinoids per serving

VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT



Serving Size 2 Capsules Servings Per Container 15 Amount Per Serving % Daily Value Calories Total Carbohydrate <1 a Organic Hemp flower extract 206 mg 20 mg Proprietary Extract Blend 600 mg Organic Oats milky seed extract, Organic California Poppy whole plant. Organic Veryain gerial parts Hops strobile supercritical

Supplement Facts

* Percent Daily Values are based on a 2,000 calorie diet Other ingredients: Vegetable glycerin, sunflower lecithin, vegan capsule (hypromellose, chlorophyll) and water.



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

[101] 1119



Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real See the proof at meetyourherbs.com,

the world's first herb traceability platform.

POTENCY - Keep it Strong

Our Hemp & Herbs formulas are encapsulated in patented Liquid Phyto-Caps®, using Gaia Herbs' patent-pending technology to protect cannabinoid stability and ensure bioavailability.

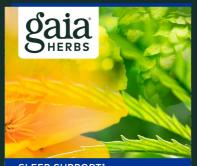
Discover our Guiding Truths at:





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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, **CURE, OR PREVENT ANY DISEASE**



SLEEP SUPPORT

Hemp & Herbs

SLEEP

With Hops, California Poppy & other herbs traditionally for supporting a good night's rest*

20 mg cannabinoids per serving



VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT

Supplement Facts

Servina Size 2 Capsules

† Daily Value not established

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Organic Hemp (Cannabis sativa) flower extract	206 mg	t
Cannabinoids	20 mg	t
Proprietary Extract Blend	600 mg	†
Organic Oats (Avena sativa) milky California Poppy (Eschscholzia cali Vervain aerial parts		
Hops (Humulus lupulus) strobile supercritical CO2 extract	200 mg	t

† Daily Value not established

Other ingredients: Vegetable glycerin, sunflower lecithin, vegan capsule (hypromellose, chlorophyll) and water, Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

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KEEP AWAY FROM CHILDREN.

SOCIAL IMPACT

Through the Gaia Herbs Roots Initiative, 5% of our Hemp profits are donated to programs that empower USA farmers. Learn more at gaiaherbs.com/roots.

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