

USE SUGGESTED

Adults take 1-2 capsules up to 2 times daily with meals.

Not for use during pregnancy, lactation or under age 18. If you have a medical condition or take medications, please consult with your doctor before use. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality. Contains <0.3% THC.

KEEP AWAY FROM CHILDREN.



gaia
HERBS

Hemp & Herbs

RELIEF

20 mg cannabinoids per serving

30 VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

gaia
HERBS

FOUNDATIONAL SUPPORT[®]

Hemp & Herbs

RELIEF

With Turmeric & Chinese Skullcap, herbs traditionally for supporting an active lifestyle*

20 mg cannabinoids per serving

30 VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Organic Hemp flower extract	206 mg	†
Cannabinoids	20 mg	†
Organic Chinese Skullcap root extract	600 mg	†
Organic Turmeric root extract	180 mg	†
Curcumin	25 mg	†
Black Pepper fruit supercritical CO ₂ extract	5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, vegan capsule (hypromellose, chlorophyll) and water.

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Servings Per Container 15

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Cannabinoids	20 mg	†
Organic Chinese Skullcap (<i>Scutellaria baicalensis</i>) root extract	600 mg	†
Organic Turmeric (<i>Curcuma longa</i>) root extract	180 mg	†
Curcumin	25 mg	†
Black Pepper (<i>Piper nigrum</i>) fruit supercritical CO ₂ extract	5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
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Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

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This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit [gaiaherbs.com/sustainability](https://www.gaiaherbs.com/sustainability).

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Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at [metyourherbs.com](https://www.metyourherbs.com), the world's first herb traceability platform.

POTENCY - Keep it Strong

Our Hemp & Herbs formulas are encapsulated in patented Liquid Phyto-Caps[®], using Gaia Herbs' patent-pending technology to protect cannabinoid stability and ensure bioavailability.

Discover our Guiding Truths at:



[gaiaherbs.com](https://www.gaiaherbs.com)
[@gaiaherbs](https://www.gaiaherbs.com)

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

SOCIAL IMPACT

Through the Gaia Herbs Roots Initiative, 5% of our Hemp profits are donated to programs that empower USA farmers. Learn more at [gaiaherbs.com/roots](https://www.gaiaherbs.com/roots).

MEET YOUR HERBS

Gaia Herbs delivers traceability by screening every product and sharing the results online. Learn more about your herbs by scanning the code below, or entering the unique ID # below at [metyourherbs.com](https://www.metyourherbs.com).



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